

PREPARED FOR SUBMISSION TO JHEP

Axion Fragmentation

Nayara Fonseca,^{a,b} Enrico Morgante,^{a,c} Ryosuke Sato,^a Géraldine Servant^{a,d}

^a *DESY, Notkestrasse 85, D-22607 Hamburg, Germany*

^b *Abdus Salam International Centre for Theoretical Physics, Strada Costiera 11, 34151, Trieste, Italy*

^c *PRISMA⁺ Cluster of Excellence and Mainz Institute for Theoretical Physics, Johannes Gutenberg-Universität Mainz, D-55099 Mainz, Germany*

^d *II. Institute of Theoretical Physics, Univ. Hamburg, D-22761 Hamburg, Germany*

*E-mail: nfonseca@ictp.it, emorgant@uni-mainz.de,
ryosuke.sato@desy.de, geraldine.servant@desy.de*

ABSTRACT: We investigate the production of axion quanta during the early universe evolution of an axion-like field rolling down a wiggly potential. We compute the growth of quantum fluctuations and their back-reaction on the homogeneous zero-mode. We evaluate the transfer of kinetic energy from the zero mode to the quantum fluctuations and the conditions to decelerate the axion zero-mode as a function of the Hubble rate, the slope of the potential, the size of the barriers and the initial field velocity. We discuss how these effects impact the relaxion mechanism.

Contents

1	Introduction	2
2	Axion fragmentation in a nutshell	4
3	Analytical discussion	9
3.1	General condition to stop the axion	13
3.2	Stopping conditions in several limits	16
3.2.1	$H = 0$ and $\mu^3 = 0$	17
3.2.2	$H \simeq 0$ and $\mu^3 \neq 0$	18
3.2.3	$\dot{\phi} = \dot{\phi}_{\text{SR}}$	19
4	Numerical analysis of the equations of motion	20
5	Beyond the perturbative analysis	24
6	Consequences: Relaxation of the electroweak scale	25
7	Summary and outlook	27
A	Approximate solution of Eq. (2.10)	28
A.1	$\ddot{\phi} = 0$ and $H = 0$ (Mathieu equation)	29
A.2	Small non-zero $\ddot{\phi}$ and H	30
A.2.1	Generic solution for Eqs. (A.26, A.27)	32
A.2.2	Matching with the initial condition Eq. (2.6)	36
B	Detailed analysis on Eq. (3.15)	39
B.1	The solutions of Eq. (3.15)	39
B.2	The condition not to have positive $\ddot{\phi}$ solution	40
B.3	The stopping condition	43
B.4	Modified slow roll velocity	48

1 Introduction

Axion-like particles (ALPs) are ubiquitous in a large number of high-energy completions of the Standard Model (SM). They are for instance generic predictions in the low-energy spectrum of string compactifications [1, 2]. ALPs denote any particles which are a pseudo-Nambu Goldstone Bosons enjoying a discrete symmetry. They are light and have weak self-interactions. Interestingly, they can be used to solve open problems of the SM as they are well-motivated candidates to explain *e.g.* dark matter [3–5], inflation [6, 7], and baryogenesis [8, 9]. They were originally introduced to solve the Strong CP problem [10, 11] and still remain the most popular explanation to this puzzle. Independently of their virtues in providing solutions to some major open problems in the SM, they are also interesting purely from their specific phenomenological properties, notably in cosmology. They can leave imprints in many different ways such as in the Cosmic Microwave Background, in Large Scale Structures, in Gravitational Waves, in stellar astrophysics and they can be searched for directly in dedicated laboratory experiments such as haloscopes (see *e.g.* [12, 13] for recent reviews).

The role of axions in cosmology has been the subject of a large number of studies. Specifically, zero-mode axion oscillations around the minimum of the axion potential can provide a large component of the energy density of the universe and mimic the effect of dark matter. Surprisingly, the effect of axion quantum fluctuations in the early universe has been mostly overlooked so far in the literature where only the zero mode homogeneous mode has been considered. In this paper, we investigate in details the effect of axion particle production during the evolution of the homogeneous zero-mode.

The production of axion quanta when the zero-mode field oscillates around one minimum of the potential is generally suppressed unless the initial position of the field is extremely close to the maximum of the potential [14].¹ In this work, we are instead investigating the exponential production of axion quanta when the axion is rolling down its potential with a large velocity and the axion is crossing a large number of minima/maxima during its evolution. Such situation was somehow rarely investigated before, although it is quite generic. We are interested in the resulting friction force on the zero-mode. Our findings do not require any tuning of initial conditions. Our only assumption is the existence of a small slope together with some wiggles, and an initial kinetic energy larger than the barriers potential energy. In fact, this is precisely the type of potential introduced in the relaxion mechanism proposed in [18] to resolve the electroweak scale hierarchy problem. This type of

¹As this work was being completed, Ref. [15] appeared, which considers the production of axion quantum fluctuations during oscillations about the minimum of the potential, as in [14]. This effect is important only if the initial position of the axion field is tuned very close to the top of the barrier of the axion potential, at the level of $\sim 10^{-7}$. Such peculiar initial position was recently motivated by some inflation dynamics in [16] and by anthropic arguments in [17].

axion potential, with a linear term plus a cosine, was first considered in the context of string cosmology, in models of axion monodromy [19, 20]².

In this paper, we show that the production of axion particles generates a friction that decelerates the rolling of the field. This occurs if the field velocity is large enough to overcome the sinusoidal term and the field goes over a large number of wiggles. As we will see, the equation of motion for the axion fluctuation can be described by the Mathieu equation and parametric resonance gives an exponential production of the particles with specific wave numbers. We denote this phenomenon as *axion fragmentation*. This provides a novel mechanism to stop axion rolling. We focus our attention on the most dramatic effect of fragmentation, *i.e.*, the regime in which the axion stops its motion by transferring all of its kinetic energy to the fluctuations. Other effects can arise from fragmentation. For example, in situation in which a field rolls down a steep potential, fragmentation can be a way of generating a slow-roll regime not sustained by the sole Hubble friction. At the same time, the effect discussed in this paper is mathematically very similar to the amplification of fluctuations in oscillons [23–27]³.

The phenomenon of scalar field fragmentation has been studied in the context of preheating [28–32]. The excitation of gauge field quanta from an axion has been studied extensively in different contexts, mainly in axion inflation models where the axion has a coupling to gauge fields, see *e.g.* [6, 7]. We provide a model-independent detailed analytical treatment of axion fragmentation that can be applied to various setups. We discuss the precise conditions for fragmentation to stop the field (even far away from the global minimum), which we check over a numerical analysis. We discuss the implications of these findings for the relaxation mechanisms of the electroweak scale. In this case, the *relaxion* scans the Higgs mass-squared term in the early universe, and dynamically realizes an electroweak scale which is suppressed compared to the cutoff scale. A key ingredient of this scenario is the friction that slows down the relaxion field rolling. In the original paper [18], Hubble friction is responsible for the slow roll of the relaxion. Alternatively, a coupling to SM gauge bosons $\phi F_{\mu\nu} \tilde{F}^{\mu\nu}$ can provide the necessary friction, through tachyonic particle production [33–39]. In [40] the necessary friction is provided by parametric resonance of

²In Ref. [19], particle production was not alluded to. In the follow-up paper [20], the axion is the inflaton and axion particle production was mentioned, but in the case of small wiggles, which does not lead to exponential particle production. Friction from backreaction on the zero mode was therefore not discussed. Later, Ref. [21] studied a quadratic potential with wiggles. The particle production, from the zero-mode oscillations around the global minimum with large amplitude, was discussed at the linearized level. However, the backreaction on the zero mode was not. In a follow-up study [22], the particle production was discussed by non-perturbative numerical analysis. The aim is not to exploit this effect as a stopping condition (the field eventually stops at a global minimum) but as a dark matter production mechanism. It is there suggested that axions quanta produced during the rolling stage could be (warm) dark matter candidates.

³A recent analysis [27], although not related to axions, suggests that quanta produced by oscillons could be the dark matter candidates.

the Higgs zero mode. Finally, in [41] the relaxion is slowed down via the production of dark fermions. So far, the excitation of axion particle themselves, was not considered, although they are present in the most minimal models where the relaxion has no extra couplings to gauge fields. We analyse in details how this can be used as a stopping mechanism for the relaxion in our companion paper [42], the results of which are summarised here.

The paper is organized as follows. In section 2, we describe our setup and derive the equation of motion of the fluctuations at the leading order. We also give an intuitive discussion on the particle production effect. Then, we derive semi-analytic formula in section 3, and show numerical results in section 4. We discuss the analysis beyond the leading order in section 5. In Sec. 6 we discuss how our results apply to the relaxion mechanism. Our conclusions are drawn in Sec. 7. In the appendices A and B we provide further details on the derivation of our results.

2 Axion fragmentation in a nutshell

In this section we discuss how the axion field ϕ evolution is affected by the axion fragmentation phenomenon. The dynamics of axion quantum fluctuation is described by a Mathieu equation with time varying coefficients, from which we can estimate how the fluctuations back-react on the zero mode. Our goal is to study the dynamics of axion particle production when the axion field is rolling down a wiggly potential. For concreteness, we consider the following potential

$$V(\phi) = \Lambda_b^4 \cos \frac{\phi}{f} - \mu^3 \phi, \quad (2.1)$$

and we assume the height of the barrier Λ_b as a constant for simplicity (see Fig. 1 for a sketch of the potential). For simplicity, we do not include any cosmological constant term in Eq. (2.1), and we assume that the vacuum energy is cancelled in the late universe by some other mechanism, about which we remain agnostic. We are interested in the case in which the barriers are large, *i.e.*

$$\frac{\Lambda_b^4}{f} > \mu^3 \quad (2.2)$$

which corresponds to say that the potential has local minima. Additionally, we assume that the kinetic energy of ϕ is large enough to overcome the barriers, $\dot{\phi} > \Lambda_b^2$.

The equation of motion of the axion $\phi(x, t)$ is given by

$$\ddot{\phi} + 3H\dot{\phi} - \frac{1}{a^2} \nabla^2 \phi + V'(\phi) = 0, \quad (2.3)$$

where a is the scale factor of the Friedmann-Lemaître-Robertson-Walker metric and

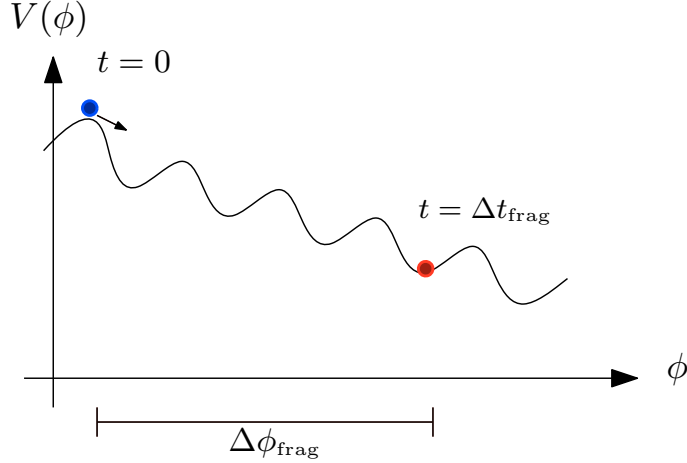


Figure 1. Sketch of the axion potential given in Eq. (2.1). Once *axion fragmentation* starts, the field ϕ takes a time Δt_{frag} and moves a distance $\Delta\phi_{\text{frag}}$ until it gets trapped in one of the wiggles.

$H = \dot{a}/a$ is the Hubble expansion rate. Let us decompose $\phi(x, t)$ into a homogeneous mode $\phi(t)$ and small fluctuations $\delta\phi$ (with no risk of confusion, we will denote the homogeneous mode as $\phi(t)$):

$$\phi(x, t) = \phi(t) + \delta\phi(x, t) = \phi(t) + \left(\int \frac{d^3k}{(2\pi)^3} a_k u_k(t) e^{ikx} + h.c. \right), \quad (2.4)$$

with a_k, a_k^\dagger being respectively the annihilation and creation operators which satisfy

$$[a_k, a_{k'}^\dagger] = (2\pi)^3 \delta^{(3)}(k - k'), \quad (2.5)$$

and the initial condition of the mode function u_k at $t \rightarrow -\infty$ is given by

$$u_k(t) = \frac{e^{-i(k/a)t}}{a\sqrt{2k}}. \quad (2.6)$$

In the analysis of this work, we treat $\delta\phi$ as small perturbation. We discuss the validity of this approximation in Sec. 5. The equations of motion of ϕ and $\delta\phi$ are given by

$$\ddot{\phi} + 3H\dot{\phi} + V'(\phi) + \frac{1}{2}V'''(\phi) \int \frac{d^3x}{V_{\text{vol}}} \langle \delta\phi(x)^2 \rangle = 0, \quad (2.7)$$

$$\ddot{\delta\phi} + 3H\dot{\delta\phi} + \left[-\frac{1}{a^2}\nabla^2 + V''(\phi) \right] \delta\phi = 0, \quad (2.8)$$

which can be rewritten in terms of the mode functions u_k as

$$\ddot{\phi} + 3H\dot{\phi} + V'(\phi) + \frac{1}{2}V'''(\phi) \int \frac{d^3k}{(2\pi)^3} |u_k|^2 = 0, \quad (2.9)$$

$$\ddot{u}_k + 3H\dot{u}_k + \left[\frac{k^2}{a^2} + V''(\phi) \right] u_k = 0. \quad (2.10)$$

Let us denote with $\dot{\phi}_0$ the initial velocity of the field ϕ . We assume that $\dot{\phi}_0$ is large enough to overcome the barrier, *i.e.*,

$$\dot{\phi}_0 \gtrsim \Lambda_b^2,$$

otherwise ϕ is trapped in the first valley. This marks a crucial difference with the well-studied case of parametric resonance due to a scalar field which oscillates coherently at the minimum of its potential [14, 23–32]. Our case of study is sketched in Fig. 1. The field ϕ rolls over many wiggles until it gets trapped.

To get insights about the axion particle production, let us estimate the effect of friction. In the limit of constant $\dot{\phi}$ and $H = 0$, Eq. (2.10) is simplified to the Mathieu equation [43]:

$$\ddot{u}_k + \left(k^2 - \frac{\Lambda_b^4}{f^2} \cos \frac{\dot{\phi}}{f} t \right) u_k = 0. \quad (2.11)$$

Solutions to the Mathieu equation have instability and grow exponentially if the parameters are in some specific regions [44]. For $\dot{\phi}_0^2 > \Lambda_b^4$, the instability region presents a band structure, as it is shown in Fig. 2. In the limit $\dot{\phi}_0^2 \gg \Lambda_b^4$, the solution has an instability if the momentum k is close to $n\dot{\phi}_0/2f$ with integer $n \geq 1$. For $n \geq 2$, the speed of the growth is slow and the size of the instability band is small. Hence, the instability band with $n = 1$ gives the most important source of the friction to decelerate the axion rolling, which is given by

$$\frac{\dot{\phi}^2}{4f^2} - \frac{\Lambda_b^4}{2f^2} < k^2 < \frac{\dot{\phi}^2}{4f^2} + \frac{\Lambda_b^4}{2f^2}. \quad (2.12)$$

Equivalently, one can write the instability band as $|k - k_{\text{cr}}| < \delta k_{\text{cr}}$ for $\dot{\phi}^2 \gg \Lambda_b^4$, where k_{cr} and δk_{cr} are defined as

$$k_{\text{cr}} = \frac{\dot{\phi}}{2f}, \quad \delta k_{\text{cr}} = \frac{\Lambda_b^4}{2f\dot{\phi}}, \quad (2.13)$$

where, initially, $\dot{\phi} = \dot{\phi}_0$. Inside the instability band, the asymptotic behavior of u_k

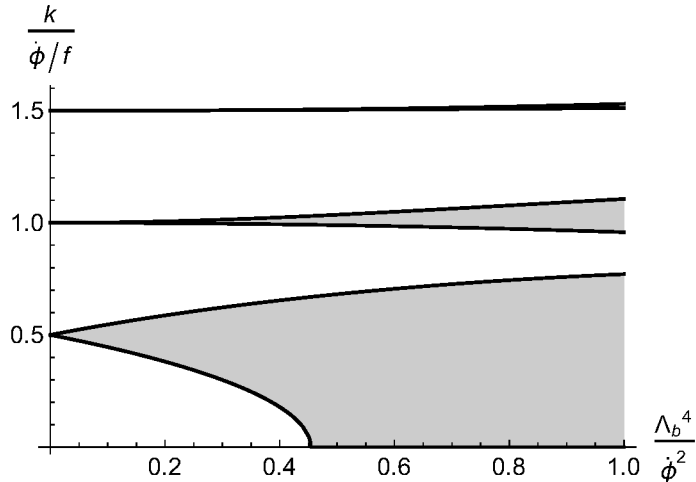


Figure 2. In grey, the instability bands of Eq. (2.11). Inside those bands, the solution grows exponentially. For the calculation of the boundaries of the instability bands, see *e.g.*, Ref. [45].

at large t is given by

$$u_k \propto \exp\left(\sqrt{(\delta k_{\text{cr}})^2 - (k - k_{\text{cr}})^2} t\right) \sin\left(k_{\text{cr}} t + \arctan\sqrt{\frac{\delta k_{\text{cr}} + (k - k_{\text{cr}})}{\delta k_{\text{cr}} - (k - k_{\text{cr}})}}\right). \quad (2.14)$$

Let us now estimate the energy of the growing modes. The number of modes which exponentially grow per unit volume is $\sim (k_{\text{cr}}^0)^2 \delta k_{\text{cr}}^0$. The energy density of the fluctuations is

$$\delta\rho = \frac{1}{2}(\delta\dot{\phi})^2 + \frac{1}{2}(\vec{\nabla}\delta\phi)^2. \quad (2.15)$$

As long as $\dot{\phi}$ is constant, this grows as

$$\rho_{\text{fluc}}(t) \sim (k_{\text{cr}}^0)^3 \delta k_{\text{cr}}^0 \exp(2\delta k_{\text{cr}}^0 t). \quad (2.16)$$

The homogeneous mode gradually loses its kinetic energy because of back-reaction, and the instability band moves towards the region of small values of k (see Fig. 3). The exponential growth of the modes with the wave number k_{cr}^0 stops when this mode goes out from the instability band. At that time, the critical wave number has changed by δk_{cr}^0 . Using the definition of k_{cr} , the kinetic energy of the zero mode decreases by

$$\delta K \approx \frac{1}{2}4f^2[(k_{\text{cr}}^0 - \delta k_{\text{cr}}^0)^2 - (k_{\text{cr}}^0)^2] \approx -4f^2 k_{\text{cr}}^0 \delta k_{\text{cr}}^0 = -\dot{\phi}_0^2 \frac{\delta k_{\text{cr}}^0}{k_{\text{cr}}^0}, \quad (2.17)$$

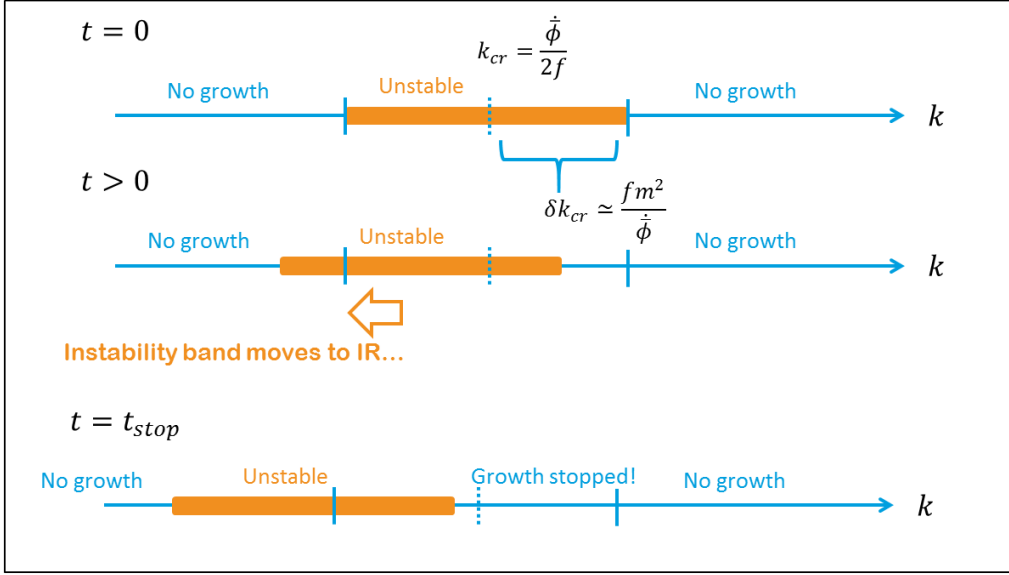


Figure 3. Sketch of different time frames showing how the instability band moves due to particle production. For $t = 0$, $|k - k_{\text{cr}}| \lesssim \delta k_{\text{cr}}$ is satisfied so there is an exponential growth of the fluctuations for the mode k_{cr} . Subsequently, the zero mode loses kinetic energy and the instability band starts moving towards smaller values of momentum. The exponential growth of mode with k_{cr} stops when it moves beyond the instability band.

with the new $\dot{\phi}$ given by

$$\dot{\phi} \sim \dot{\phi}_0 \left(1 - \frac{\delta k_{\text{cr}}^0}{k_{\text{cr}}^0} \right). \quad (2.18)$$

The energy density of the fluctuations ρ_{fluc} is

$$\rho_{\text{fluc}} \approx -\delta K \approx \dot{\phi}_0^2 \times \frac{\delta k_{\text{cr}}^0}{k_{\text{cr}}^0}. \quad (2.19)$$

The timescale that the mode with wave number k_{cr}^0 spends inside the instability band can be estimated combining Eqs. (2.19) and (2.16):

$$\delta t_{\text{amp}} = \frac{1}{2 \delta k_{\text{cr}}^0} \log \frac{\dot{\phi}_0^2}{(k_{\text{cr}}^0)^4}. \quad (2.20)$$

The time evolution of kinetic energy $d\rho/dt$ is roughly given as $\sim \delta K / \delta t_{\text{amp}}$:

$$\frac{d}{dt} \left(\frac{1}{2} \dot{\phi}^2 \right) \sim -\dot{\phi}^2 \frac{2(\delta k_{\text{cr}})^2}{k_{\text{cr}}} \left(\log \frac{\dot{\phi}^2}{k_{\text{cr}}^4} \right)^{-1} \sim -\frac{\Lambda_b^8}{f \dot{\phi}} \left(\log \frac{16f^4}{\dot{\phi}^2} \right)^{-1}, \quad (2.21)$$

where we have dropped the subscript 0 because this equation of motion is now valid at any velocity. Eq. (2.21) can be integrated exactly from $\dot{\phi}_0$ to 0, giving the time Δt_{frag} and the field excursion $\Delta \phi_{\text{frag}}$ from the beginning of particle production until

the field stops:

$$\Delta t_{\text{frag}} \sim \frac{f \dot{\phi}_0^3}{\Lambda_b^8} \log \frac{f^4}{\dot{\phi}_0^2}, \quad (2.22)$$

$$\Delta \phi_{\text{frag}} \sim \frac{f \dot{\phi}_0^4}{\Lambda_b^8} \log \frac{f^4}{\dot{\phi}_0^2}. \quad (2.23)$$

Here $\dot{\phi}_0$ is the velocity of ϕ at the beginning of the particle production. In the equations above we neglected $\mathcal{O}(1)$ factors as the calculation above was only approximate. In the next section, we will derive these expressions using a more precise treatment. The correct numerical factors are the ones of Eqs. (3.26) and (3.27) below, which reproduce the parametric dependence of Eqs. (2.22) and (2.23).

3 Analytical discussion

In what follows we discuss in detail the axion fragmentation dynamics introduced in the previous section. We establish the conditions to decelerate an axion field uniquely due to particle production friction from the axion field itself. The approximate analytical formulae derived here will be compared with the numerical solutions in the next section.

In the intuitive discussion in Sec. 2 we considered the limit in which the Hubble expansion is negligible, *i.e.*, $H = 0$. Before deriving the conditions to make the field decelerate, let us consider the effect of the Hubble friction in the equation of motion for the fluctuation in Eq. (2.10). We can anticipate two additional effects once we consider the cosmic expansion. Most importantly, the growth of the modes is suppressed by the friction term $3H\dot{u}_k$ in Eq. (2.10). In addition, since the instability band moves towards smaller values of momentum when the zero-mode decelerates, Hubble expansion makes a given mode to spend more time inside the instability band due to the red-shift of the physical momentum $k/a(t)$.

Let us assume for the moment H to be constant. By defining $\tilde{u}_k \equiv e^{3Ht/2} u_k$, Eq. (2.10) can be rewritten as

$$\ddot{\tilde{u}}_k + \left(e^{-2Ht} k^2 + V''(\phi) + \frac{9}{4} H^2 \right) \tilde{u}_k = 0. \quad (3.1)$$

For $H = 0$, the last equation simply reproduces Eq. (2.11). According to Eq. (2.14), the exponential growth of \tilde{u}_k is at most $\exp(\Lambda_b^4 t / 2f\dot{\phi})$. Thus, in order for u_k to grow, the Hubble expansion rate should be bounded by

$$H < \frac{\Lambda_b^4}{3f\dot{\phi}}. \quad (3.2)$$

Equivalently, the last equation can be rewritten as

$$\dot{\phi} < \frac{\Lambda_b^4}{\mu^3 f} \dot{\phi}_{\text{SR}}, \quad (3.3)$$

where

$$\dot{\phi}_{\text{SR}} \equiv \frac{\mu^3}{3H} \quad (3.4)$$

is the slow-roll velocity of the field in the linear potential $-\mu^3\phi$ for a constant Hubble rate H . With a slight abuse of notation, in the following we will use this definition also in the case in which H is not constant or the potential is not linear, and this quantity will turn out to be useful, even without representing a proper slow-roll velocity. In addition, to have particle production active, the field should go over the barriers, $H < \dot{\phi}/2\pi f$.⁴ However, this condition is trivially satisfied when both of Eq. (3.2) and $\dot{\phi} > \Lambda_b^2$ are satisfied. Hence, we assume

$$\dot{\phi}_0^2 > \Lambda_b^4 \quad \text{and} \quad H \ll \frac{\Lambda_b^4}{3f\dot{\phi}_0}. \quad (3.5)$$

The first of this assumption is valid until the field keeps rolling. As $\dot{\phi} \approx \Lambda_b^2$, the field stops. Contrary to the former, the second becomes easier to satisfy as the velocity decreases, therefore it is enough to assume that it is valid for the initial conditions. The assumptions above allow us to simplify the analysis due to the following three reasons. First, we can regard $\dot{\phi}$ as a smooth function of the time t . The numerical solution of $\dot{\phi}$ has a smooth component and a rapidly oscillating component with frequency $\dot{\phi}/2\pi f$. This oscillating component is caused by the wiggles and its relative size compared to the smooth component is $\sim \Lambda_b^4/\dot{\phi}^2$. We then neglect this oscillating term in this section. Second, we can assume that $\ddot{\phi}$ is constant during the amplification time δt_{amp} , which we defined before as the time it takes for the mode k_{cr} to exit the instability band. This can be calculated, using Eq. (2.18), as

$$\delta t_{\text{amp}} \sim \frac{\dot{\phi}(\delta t_{\text{amp}}) - \dot{\phi}}{\ddot{\phi}} \sim \frac{\Lambda_b^4}{\dot{\phi}|\ddot{\phi}|}. \quad (3.6)$$

Using the result in (3.6), we impose that $|\ddot{\phi}|\delta t_{\text{amp}} \ll |\dot{\phi}|$, which we will justify later

⁴This condition guarantees that the time needed to go over one wiggle is shorter than one Hubble time. If this were not the case, the effect of Hubble friction would be dominant with respect to fragmentation. In particular, if the wiggles are large enough, instead of rolling over many of them the field would stopped as soon as $V' = 0$, just due to cosmic expansion. For a more detailed discussion about this point, we refer the reader to Ref. [42].

in Eq. (3.24). This condition can be rewritten as

$$\left| \frac{\Lambda_b^4}{\dot{\phi}} \frac{d \log |\ddot{\phi}|}{d \dot{\phi}} \right| \ll 1, \quad (3.7)$$

which shows that if $\ddot{\phi}$ depends on $\dot{\phi}$ polynomially, this condition is satisfied if $\Lambda_b^4 \ll \dot{\phi}^2$. As a third simplification, we can drop the friction term $3H\dot{u}_k$ in Eq. (2.10) without changing the physical momentum by $\mathcal{O}(1)$ fraction during the amplification.

Now that we have presented our simplifying assumptions, let us go back to discuss the equation of motion. For a given velocity $\dot{\phi}$, once cosmic expansion is taken into account, the critical mode k_{cr} and the width δk_{cr} are obtained dividing the left hand side of Eq. (2.13) by the scale factor a :

$$\frac{k_{\text{cr}}}{a} = \frac{\dot{\phi}}{2f}, \quad \frac{\delta k_{\text{cr}}}{a} = \frac{\Lambda_b^4}{2f\dot{\phi}}. \quad (3.8)$$

The condition $H < \dot{\phi}/(2\pi f)$, which was discussed above Eq. (3.5), ensures that $k_{\text{cr}} > aH$. In other words, the amplification process takes place and ends when the modes are well inside the horizon. This marks an important difference with the case in which quantum fluctuations grow until they exit the horizon, as it happens, for example, with the gauge fields generated at the end of axion inflation [6]. For our discussion, we do not need to specify when the axion fragmentation dynamics takes place. The latter can be embedded in the cosmological history of the universe at different epochs. The usual dynamics of the modes crossing the horizon during inflation and then re-entering after the Big Bang does not affect our discussion.

By taking the initial condition Eq. (2.6) and assuming constant $\ddot{\phi}$, the asymptotic behaviour of u_k with $k/a = k_{\text{cr}}/a = \dot{\phi}/2f$ after the amplification is

$$u_{k_{\text{cr}}}(t) \simeq \frac{1}{a} \sqrt{\frac{2}{k_{\text{cr}}}} \exp\left(\frac{\pi\Lambda_b^8}{4f\dot{\phi}^2 |\ddot{\phi} + H\dot{\phi}|}\right) \sin\left(\frac{1}{a}k_{\text{cr}}t + \delta\right), \quad (3.9)$$

Eq. (3.9) is derived in Appendix A in the following way. The equation of motion Eq. (3.1) is solved by means of a WKB approximation in three separate time intervals, before the mode k_{cr} enters the instability band, when the mode is well inside the instability band and after it has left it. In the two transition regions, when the mode enters and exit the instability band, the solution is found in terms of Airy functions. Finally, the five intervals are matched by imposing the continuity of the solution. From Eq. (3.9) we see that for exponential particle production occurs, one needs:

$$\frac{\pi\Lambda_b^8}{2f\dot{\phi}^2 |\ddot{\phi} + H\dot{\phi}|} > 1, \quad (3.10)$$

where the factor of 2 difference compared to Eq. (3.9) depends on the fact that the energy density scales with $|u_k|^2$. We discuss the validity of this assumption later, around Eq. (3.20). Using Eq. (2.4) and Eq. (3.9), we can estimate the energy density per volume in comoving momentum space right after the end of the amplification as

$$\left. \frac{d^3 \rho_{\text{fluc}}}{dk^3} \right|_{k=k_{\text{cr}}} = \frac{1}{(2\pi)^3} \frac{1}{2a^2} k_{\text{cr}}^2 |u_{k_{\text{cr}}}|^2 \approx \frac{1}{(2\pi)^3} \frac{k_{\text{cr}}}{a^4} \exp\left(\frac{\pi\Lambda_b^8}{2f\dot{\phi}^2|\ddot{\phi} + H\dot{\phi}|}\right). \quad (3.11)$$

Using the initial condition for u_k in Eq. (2.6), the energy density before the amplification is $d^3 \rho_{\text{fluc}}/dk^3 = k/[2a^4(2\pi)^3]$. Then, the energy of the fluctuation is amplified by a factor of

$$2 \exp\left(\frac{\pi\Lambda_b^8}{2f\dot{\phi}^2|\ddot{\phi} + H\dot{\phi}|}\right). \quad (3.12)$$

When this factor is much larger than 1, particle production is efficient to provide the friction for the homogeneous mode. The increment of the energy density of the fluctuations because of the particle production is

$$\frac{d\rho_{\text{fluc}}}{dt} = \left| \frac{dk_{\text{cr}}}{dt} \right| \times 4\pi k_{\text{cr}}^2 \left. \frac{d^3 \rho_{\text{fluc}}}{dk^3} \right|_{k=k_{\text{cr}}}, \quad (3.13)$$

where dk_{cr}/dt is the velocity of the instability band in the momentum space. For non-zero H , k_{cr} is determined as

$$k_{\text{cr}}/a = \dot{\phi}/(2f).$$

Therefore, the velocity of the instability band is given as $dk_{\text{cr}}/dt = a(\ddot{\phi} + H\dot{\phi})/(2f)$. Thus,

$$\begin{aligned} \frac{d\rho_{\text{fluc}}}{dt} &= a \left| \frac{\ddot{\phi} + H\dot{\phi}}{2f} \right| \times 4\pi k_{\text{cr}}^2 \times \frac{1}{(2\pi)^3} \frac{k_{\text{cr}}}{a^4} \exp\left(\frac{\pi\Lambda_b^8}{2f\dot{\phi}^2|\ddot{\phi} + H\dot{\phi}|}\right) \\ &= \frac{1}{32\pi^2 f^4} \dot{\phi}^3 |\ddot{\phi} + H\dot{\phi}| \exp\left(\frac{\pi\Lambda_b^8}{2f\dot{\phi}^2|\ddot{\phi} + H\dot{\phi}|}\right). \end{aligned} \quad (3.14)$$

The kinetic energy of the homogeneous mode is $\dot{\phi}^2/2$ and its time derivative is $\dot{\phi}\ddot{\phi}$. As a result, from conservation of energy, we obtain the following equation:

$$\boxed{\dot{\phi}\ddot{\phi} = -3H\dot{\phi}^2 + \mu^3\dot{\phi} - \frac{1}{32\pi^2 f^4} \dot{\phi}^3 |\ddot{\phi} + H\dot{\phi}| \exp\left(\frac{\pi\Lambda_b^8}{2f\dot{\phi}^2|\ddot{\phi} + H\dot{\phi}|}\right)}. \quad (3.15)$$

Using this equation we will determine the general conditions to stop the field due to axion fragmentation, which are obtained in the next sections. The first and second term in the right-handed side of Eq. (3.15) are the effect of Hubble friction

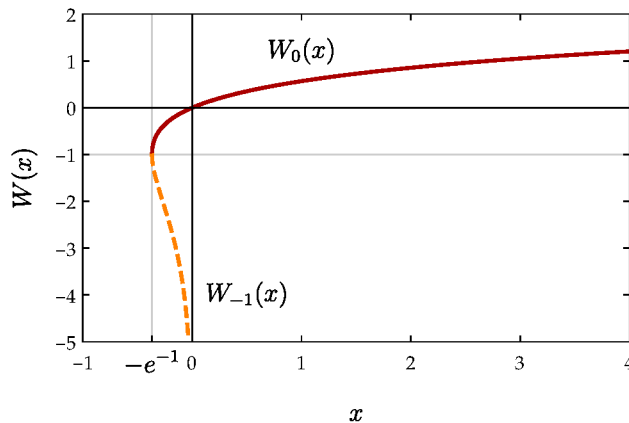


Figure 4. The two real branches of the product logarithm function.

and acceleration by the slope, respectively. This equation can be regarded as a consistency condition for $\ddot{\phi}$ during the fragmentation phase. By solving the above equation, $\ddot{\phi}$ can be calculated as a function of $\dot{\phi}$, Λ_b , f , μ^3 , and H .

3.1 General condition to stop the axion

Let us discuss conditions to stop the axion field. Here we summarize the results, while the details of the derivation are given in Appendix B.

$\ddot{\phi} < 0$ must hold from the initial time until the field has come to a complete stop. As detailed in Appendix B.3, this is realized if (and only if) the following condition holds for the initial velocity:

$$\mu^3 < 2H\dot{\phi}_0 + \frac{\pi\Lambda_b^8}{2f\dot{\phi}_0^2} \left(W_0 \left(\frac{32\pi^2 f^4}{e\dot{\phi}_0^2} \right) \right)^{-1}. \quad (3.16)$$

Here $W_n(x)$ is the product logarithm function (also known as Lambert W function),⁵ whose real branches are plotted in Fig. 4. Eq. (3.16) expresses an equilibrium between the slope and the Hubble expansion which allows for efficient fragmentation: if the slope increases, in order to avoid the field acceleration, the friction due to cosmic expansion should compensate this effect. Alternatively, for $\dot{\phi}_0 < \mu^3/(2H) = 3/2\dot{\phi}_{\text{SR}}$, one can see Eq. (3.16) as a lower bound on Λ_b that expresses, for given μ^3 and H , the necessary amount of fragmentation needed in order to slow down the field.

⁵The product logarithm function is the inverse function of $We^W = x$. In general, there exist infinite number of solutions for this equation, and W_0 and W_{-1} are the two real ones. In particular, $W_0(x)$ is real for $-e^{-1} \leq x$ and W_{-1} is real for $-e^{-1} \leq x < 0$. Also, $W_0(x) = \log x - \log \log x + \dots$ for large x . A plot of W_0 and W_{-1} for small values of x is shown in Fig. 4. This function is available `ProductLog` in `Mathematica` or `special.lambertw` in `SciPy`. See *e.g.*, <http://mathworld.wolfram.com/LambertW-Function.html>.

If Eq. (3.16) is satisfied, Eq. (3.15) has only one solution, with negative $\ddot{\phi}$, which is given by⁶

$$\ddot{\phi} = \begin{cases} -H\dot{\phi} + \frac{\pi\Lambda_b^8}{2f\dot{\phi}^2} [b + W_{-1}(-abe^{-b})]^{-1} & (b > 0) \\ -H\dot{\phi} + \frac{\pi\Lambda_b^8}{2f\dot{\phi}^2} [b + W_0(-abe^{-b})]^{-1} & (b < 0) \end{cases}. \quad (3.17)$$

Here a and b are dimensionless parameters which are defined as

$$a \equiv \frac{\dot{\phi}^2}{32\pi^2 f^4}, \quad b \equiv \frac{\pi\Lambda_b^8}{2f\dot{\phi}^2(\mu^3 - 2H\dot{\phi})}. \quad (3.18)$$

Let us discuss the validity of the assumption Eq. (3.10). The effect of the axion fragmentation in Eq. (3.15) has a exponential factor with a exponent $N \equiv \pi\Lambda_b^8/2f\dot{\phi}^2|\ddot{\phi} + H\dot{\phi}|$. As we have discussed, for exponential particle production to occur, N should be larger than 1. By using Eq. (3.17), we obtain

$$N = \begin{cases} |b + W_{-1}(-abe^{-b})| & (b > 0) \\ |b + W_0(-abe^{-b})| & (b < 0) \end{cases}. \quad (3.19)$$

As we can see in Fig. 5, for fixed a , N is an monotonously increasing function of $1/b$. For $a \ll 1$, as we will always assume, N becomes small at $1/b \lesssim 0$, and is well approximated as $N \simeq -b$. Thus, by requiring $N > 1$, we obtain

$$\frac{2f\dot{\phi}^2(\mu^3 - 2H\dot{\phi})}{\pi\Lambda_b^8} > -1. \quad (3.20)$$

If $\dot{\phi} < (3/2)\dot{\phi}_{\text{SR}}$, the LHS of Eq. (3.20) is positive and the inequality is satisfied. Thus, the above condition can be rewritten as

$$\dot{\phi} < \frac{3}{2}\dot{\phi}_{\text{SR}} \quad \text{or} \quad \mu^3 > 2H\dot{\phi} - \frac{\pi\Lambda_b^8}{2f\dot{\phi}^2}. \quad (3.21)$$

As long as Eq. (3.20) (or equivalently Eq. (3.21)) is satisfied, we can safely use $\ddot{\phi}$ given in Eq. (3.17). Note that $2H\dot{\phi} - \pi\Lambda_b^8/(2f\dot{\phi}^2)$ is a monotonously increasing function

⁶Before fragmentation is active, the field is only subject to its potential and to Hubble friction, and its equation of motion is simply $\ddot{\phi} = \mu^3 - 3H\dot{\phi}$, where we neglected a small oscillating term. This cannot be obtained as the $\Lambda_b \rightarrow 0$ limit of Eq. (3.17). The reason is that the equation of motion Eq. (3.15) was derived assuming fragmentation is active. In particular, we assumed $\ddot{\phi} \ll \Lambda_b^4/f$. The acceleration is initially $\ddot{\phi} = \mu^3 - 3H\dot{\phi}$, and asymptotes to Eq. (3.17) as fragmentation starts.

of $\dot{\phi}$. Thus, we can see that Eq. (3.21) is satisfied for any $\dot{\phi} < \dot{\phi}_0$ if (and only if)

$$\dot{\phi}_0 < \frac{3}{2}\dot{\phi}_{\text{SR}} \quad \text{or} \quad \mu^3 > 2H\dot{\phi}_0 - \frac{\pi\Lambda_b^8}{2f\dot{\phi}_0^2}. \quad (3.22)$$

If this condition is satisfied, Eq. (3.17) for the acceleration $\ddot{\phi}$ can be used to describe the fragmentation process from its beginning until the end of that. In phenomenologically interesting applications $\dot{\phi} \leq \dot{\phi}_{\text{SR}}$, and Eq. (3.22) is always satisfied.

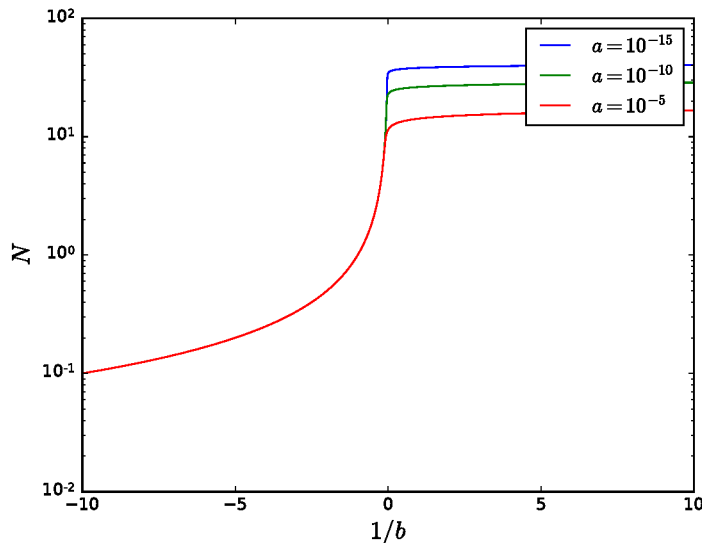


Figure 5. The exponent N given in Eq. (3.19) as a function of $1/b$.

To summarize, in order for fragmentation to stop the rolling of the axion field we need to simultaneously impose the conditions of Eq. (3.3) and Eq. (3.16) to stop the axion. We are interested in the case in which the potential has local minima (*i.e.* $\Lambda_b^4/f > \mu^3$), and we will assume $\dot{\phi}_0 \leq \dot{\phi}_{\text{SR}}$. In this case, Eq. (3.3) is trivially satisfied, and the only condition that must hold is Eq. (3.16).

Figure 6 and Fig. 7 show examples of the parameter space in which Eq. (3.16) is satisfied. In the case of $\dot{\phi}_0 \lesssim \dot{\phi}_{\text{SR}}$, there is an upperbound on μ^3 because the acceleration effect by the slope should be weaker than the particle production effect. On the other hand, the bound on μ^3 is very weak for $\dot{\phi} \gtrsim \dot{\phi}_{\text{SR}}$ and it becomes trivial for $\dot{\phi}_0 \geq (3/2)\dot{\phi}_{\text{SR}}$. Indeed, for $\dot{\phi}_0 \geq (3/2)\dot{\phi}_{\text{SR}}$, Eq. (3.16) is always satisfied, and the field is slowed down by Hubble friction without the need of fragmentation. In this region, the only bound comes from imposing that the exponential amplification of the fluctuations is active, as we do in Eq. (3.22).

It is interesting to investigate whether Eq. (3.15) admits constant velocity solutions. If such solutions exist the field can reach a steady state, and fragmentation

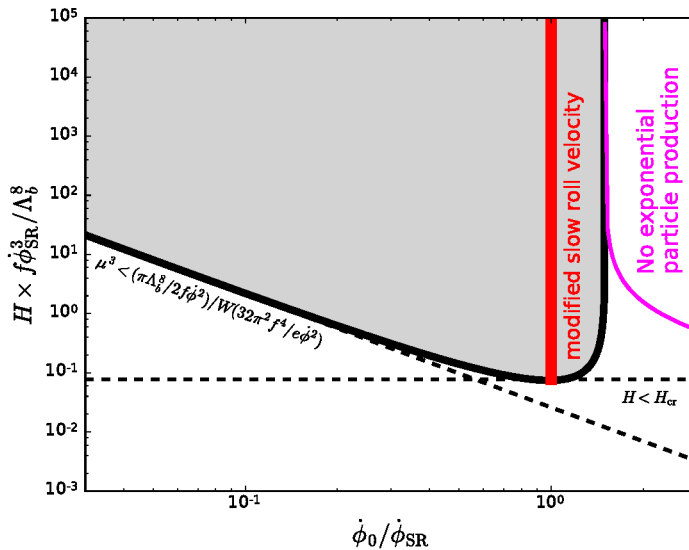


Figure 6. The parameter space which is excluded by Eq. (3.16). The ratio between the decay constant and the slow roll velocity is fixed to $f^2/\dot{\phi}_{\text{SR}} = 10^4$. The coefficient of the slope is fixed to $\mu^3 = 3H\dot{\phi}_{\text{SR}}$. Eq. (3.16) is *not* satisfied in the gray regions. The red solid line shows the modified slow roll velocity $\dot{\phi}_{\text{SR}(\text{frag})}$ given in Eq. (B.33). H_{cr} is defined in Eq. (3.23). The magenta line shows a condition given in Eq. (3.22). The axion can be successfully stopped in the white region.

can not stop the evolution. Equation (3.15) with $\ddot{\phi} = 0$ has no solution for $\dot{\phi}$ if (and only if):

$$H < H_{\text{cr}} \simeq \frac{\pi \Lambda_b^8}{2f\dot{\phi}_{\text{SR}}^3} \left(W_0 \left(\frac{32\pi^2 f^4}{e\dot{\phi}_{\text{SR}}^2} \right) \right)^{-1} \quad (3.23)$$

is satisfied. This means that the axion zero mode cannot roll with constant velocity in such cases. For details, see the Appendix B.4. Note that Eq. (3.23) represents an upper bound on H for fixed $\dot{\phi}_{\text{SR}}$, but for fixed μ^3 it can be rewritten as a lower bound on H . On the other hand, for $H > H_{\text{cr}}$, Eq. (3.15) with $\ddot{\phi} = 0$ admits solutions. To distinguish it from the slow roll velocity $\dot{\phi}_{\text{SR}} = \mu^3/3H$, we denote this velocity as the modified slow roll velocity $\dot{\phi}_{\text{SR}(\text{frag})}$. We show this velocity in red in Fig. 6 and Fig. 7. As long as $\dot{\phi}_{\text{SR}} \ll f^2$, the modification to the slow roll velocity is small, *i.e.*, $\dot{\phi}_{\text{SR}(\text{frag})} \simeq \dot{\phi}_{\text{SR}}$.

3.2 Stopping conditions in several limits

In the previous section, we described the generic negative solution of $\ddot{\phi}$ and the stopping conditions. Here we discuss several cases in which the conditions can be simplified by taking some limits of the parameters.

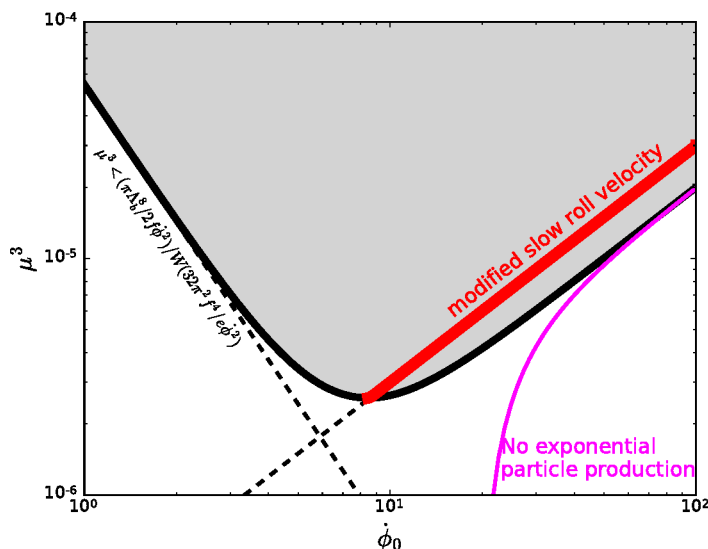


Figure 7. Same as Fig. 6. The decay constant and Hubble expansion rate are fixed to $f/\Lambda_b = 10^3$, $H/\Lambda_b = 10^{-7}$.

3.2.1 $H = 0$ and $\mu^3 = 0$

First, let us discuss the limit of $H = 0$ and $\mu^3 = 0$. In this limit, Eqs. (3.2) and (3.16) are satisfied automatically. The expression for $\ddot{\phi}$ given in Eq. (3.17) is simplified to⁷

$$\ddot{\phi} = -\frac{\pi\Lambda_b^8}{2\dot{\phi}^2 f} \left(\log \frac{32\pi^2 f^4}{\dot{\phi}^2} \right)^{-1}. \quad (3.24)$$

This can be regarded as a refinement of Eq. (2.21). In this case, the amplification factor of the fluctuation energy in Eq. (3.12) is given by

$$2 \exp \left(\frac{\pi\Lambda_b^8}{2f\dot{\phi}^2|\ddot{\phi}|} \right) = \frac{64\pi^2 f^4}{\dot{\phi}^2}. \quad (3.25)$$

In the derivation of Eq. (3.9) we assumed that $\dot{\phi} \ll f^2$, which is necessary for the validity of the low-energy EFT of the axion field, thus the amplification factor is much larger than 1, enhancing the efficiency of fragmentation. The time scale and

⁷Eq. (3.24) can be obtained by separately taking the limits $\mu^3 - 2H\dot{\phi} \rightarrow 0^+$ and $\mu^3 - 2H\dot{\phi} \rightarrow 0^-$ of the two branches of Eq. (3.17), respectively, and using the expansions $W_0(x) \approx \log x - \log \log x$ for $x \rightarrow +\infty$ and $W_1(x) \approx \log(-x) - \log(-\log(-x))$ for $x \rightarrow 0^-$, from which we get

$$\lim_{b \rightarrow +\infty} b + W_{-1}(-abe^{-b}) = \lim_{b \rightarrow -\infty} b + W_0(-abe^{-b}) = \log a$$

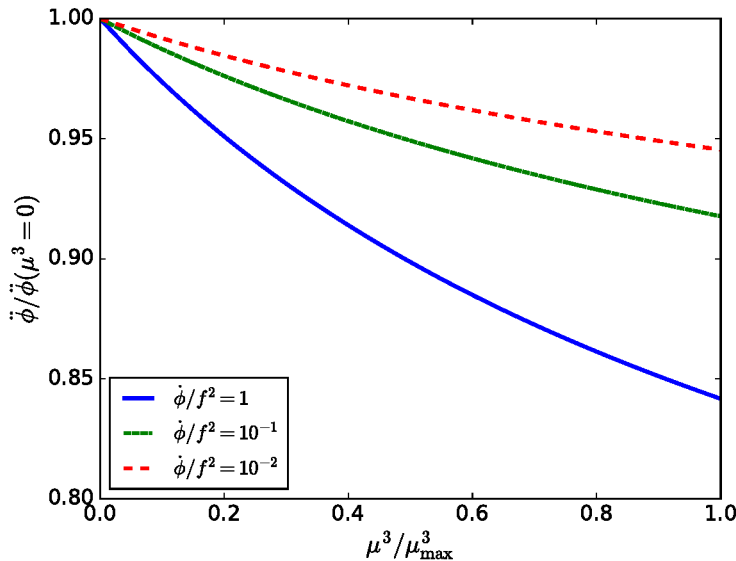


Figure 8. The ratio between $\ddot{\phi}$ with non-zero slope μ^3 (Eq. (3.30)) and $\ddot{\phi}$ with $\mu^3 = 0$ (Eq. (3.24)). We take $H = 0$ in this figure.

the field excursion during the axion particle production are

$$\Delta t_{\text{frag}} \equiv \int_{\dot{\phi}_0}^0 \frac{d\dot{\phi}}{\ddot{\phi}} \simeq \frac{2f\dot{\phi}_0^3}{3\pi\Lambda_b^8} \log \frac{32\pi^2 f^4}{\dot{\phi}_0^2}, \quad (3.26)$$

$$\Delta\phi_{\text{frag}} \equiv \int_{\dot{\phi}_0}^0 \frac{\dot{\phi} d\dot{\phi}}{\ddot{\phi}} \simeq \frac{f\dot{\phi}_0^4}{2\pi\Lambda_b^8} \log \frac{32\pi^2 f^4}{\dot{\phi}_0^2}, \quad (3.27)$$

where we dropped subleading terms. The number of wiggles which the axion travels until it stops is

$$\frac{\Delta\phi_{\text{frag}}}{2\pi f} = \frac{\dot{\phi}_0^4}{4\pi^2\Lambda_b^8} \log \frac{32\pi^2 f^4}{\dot{\phi}_0^2}. \quad (3.28)$$

For example, for $\dot{\phi}_0/\Lambda_b^2 = 10^2$ and $\log(32\pi^2 f^4/\dot{\phi}_0^2) = 10$, this number is $\sim 3 \times 10^7$.

3.2.2 $H \simeq 0$ and $\mu^3 \neq 0$

Next, let us discuss the case in which $\mu^3 \neq 0$ and H is small enough to be neglected. For $\dot{\phi}_0 \ll \dot{\phi}_{\text{SR}}$, Eq. (3.16) can be simplified as

$$\mu^3 < \mu_{\max}^3 \equiv \frac{\pi\Lambda_b^8}{2f\dot{\phi}_0^2} \left(W_0 \left(\frac{32\pi^2 f^4}{e\dot{\phi}_0^2} \right) \right)^{-1}. \quad (3.29)$$

This corresponds to the left part of Figs. 6 and 7, which show how H is irrelevant if $\dot{\phi}_0 \ll \dot{\phi}_{\text{SR}(\text{frag})} \approx \dot{\phi}_{\text{SR}}$. In the limit of $H = 0$, the negative $\ddot{\phi}$ solution Eq. (3.17) is

simplified as

$$\ddot{\phi} \simeq \frac{\pi\Lambda_b^8}{2f\dot{\phi}^2} [b + W_{-1}(-abe^{-b})]^{-1}, \quad (3.30)$$

where a, b are defined in Eq. (3.18). In the limit $\mu^3 = 0$ we recover Eq. (3.24). The acceleration $|\ddot{\phi}|$ monotonically decreases as a function of μ^3 . In Fig. 8, we show the relative variation of $\ddot{\phi}$ when the slope μ^3 goes from 0 to μ_{\max}^3 defined in Eq. (3.29). As long as $\dot{\phi} < f$, the decrements of $\ddot{\phi}$ is at most $\sim 15\%$. Hence, the estimates for the fragmentation time and the total field excursion of Eqs. (3.26, 3.27) still provide a reliable approximation.

3.2.3 $\dot{\phi} = \dot{\phi}_{\text{SR}}$

Let us discuss the case in which the initial velocity is equal to the slow roll velocity, *i.e.*, $\dot{\phi}_0 = \dot{\phi}_{\text{SR}}$. This is the case if the dynamics takes place during inflation, since the velocity is exponentially driven to the attractor slow-roll velocity irrespectively of the initial conditions. In this case, the condition Eq. (3.16) can be simplified to the following equation:

$$H < \frac{\pi\Lambda_b^8}{2f\dot{\phi}_{\text{SR}}^3} \left(W_0 \left(\frac{32\pi^2 f^4}{e\dot{\phi}_{\text{SR}}^2} \right) \right)^{-1}. \quad (3.31)$$

Equivalently, this condition can be rewritten as

$$\mu^3 < \mu_{th}^3 \equiv \frac{3e\Lambda_b^8}{64\pi f^5} \quad \text{or} \quad H > H_{min} \equiv \sqrt{\frac{2}{27\pi} \frac{f^{1/2}\mu^{9/2}}{\Lambda_b^4}} \sqrt{\log \frac{64\pi f^5 \mu^3}{3e\Lambda_b^8}}. \quad (3.32)$$

This condition tells us that the Hubble friction is required to prevent acceleration in order to work the fragmentation mechanism if the slope is steeper than the threshold value μ_{th}^3 . Alternatively, one can think of Eq. (3.31) as a lower bound on Λ_b to have enough fragmentation to stop the field, for given μ^3 and H .

The negative $\ddot{\phi}$ solution Eq. (3.17) for $\dot{\phi} = \dot{\phi}_{\text{SR}}$ is given as

$$\ddot{\phi} = \frac{\pi\Lambda_b^8}{2f\dot{\phi}_{\text{SR}}^2} \left(-\frac{1}{\tilde{b}} + \frac{1}{\tilde{b} + W_{-1}(-a\tilde{b}e^{-\tilde{b}})} \right), \quad \tilde{b} \equiv \frac{\pi\Lambda_b^8}{2fH\dot{\phi}_{\text{SR}}^3}. \quad (3.33)$$

In Fig. 9, we show the ratio between $\ddot{\phi}$ evaluated with Eq. (3.33) and $\ddot{\phi}$ computed in Eq. (3.24) with $H, \mu^3 = 0$, with the same velocity $\dot{\phi} = \dot{\phi}_{\text{SR}}$. Again, as long as Eq. (3.32) (or equivalently Eq. (3.31)) is satisfied, the acceleration is well described by the $H = 0$ equation (3.24), thus the estimates for the fragmentation time and the total field excursion of Eqs. (3.26, 3.27) are reliable also in this case.

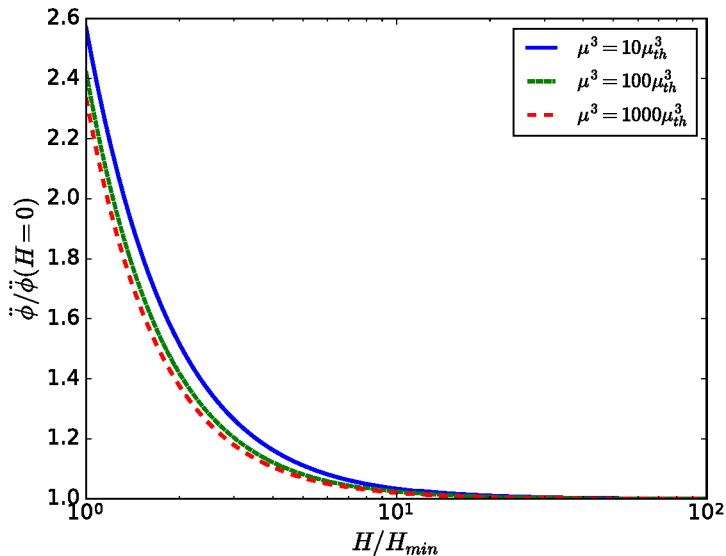


Figure 9. The ratio between $\ddot{\phi}$ by Eq. (3.33) and $\ddot{\phi}$ by Eq. (3.24) with $\dot{\phi} = \mu^3/3H$. H_{min} and μ_{th}^3 are defined in Eq. (3.32). This figure is independent on the choice of f .

4 Numerical analysis of the equations of motion

In this section, we test the analytical understanding developed in Sec. 3 against a numerical solution of the equations of motion for the homogeneous mode $\phi(t)$, Eq. (2.9), and for the fluctuations $\delta\phi(x,t)$, Eq. (2.10). We still limit ourselves to a linear level analysis, the validity of which will be further discussed in Sec. 5. For this calculation, we discretize the integral in Eq. (2.9) and take 10000 modes whose momentum is between $10^{-4}k_{cr}^0$ and $k_{cr}^0 + 10\delta k_{cr}^0$. The momenta are evenly spaced in logarithmic scale. The differential equations are solved numerically by the fourth order Runge-Kutta method.

In Fig. 10, we show the time evolution of the energy of zero-mode and of the fluctuations, for $\mu^3 = 0$ and $H = 0$. The total energy is conserved and the figure shows that the energy of the zero-mode is successfully transferred to the fluctuations. In Figs. 11 and 12 we show the time evolution of $\dot{\phi}$ and $\ddot{\phi}$, again with $\mu^3 = 0$ and $H = 0$. The numerical solution of Eqs. (2.9), (2.10) is compared to the result of Eq. (3.24). In Fig. 12, we show $\ddot{\phi}$ as a function of $\dot{\phi}$ and f , again comparing the numerical solution with the analytical results. Both Figs. 11 and 12 show that Eq. (3.24) is consistent with the direct numerical calculation with Eqs. (2.9, 2.10).

The effect of Hubble is shown in Fig. 13, where we plot the time evolution of the energy of fluctuations for several value of H , with $\dot{\phi}_0 = \dot{\phi}_{SR}$. As long as Eq. (3.31) is satisfied, Eq. (3.15) has only one solution and $\ddot{\phi}$ mildly depends on H in this regime. However, when H becomes larger than the critical value, the additional solutions given in Eqs. (B.8), (B.9) appear. Fig. 13 shows this transition behavior and the

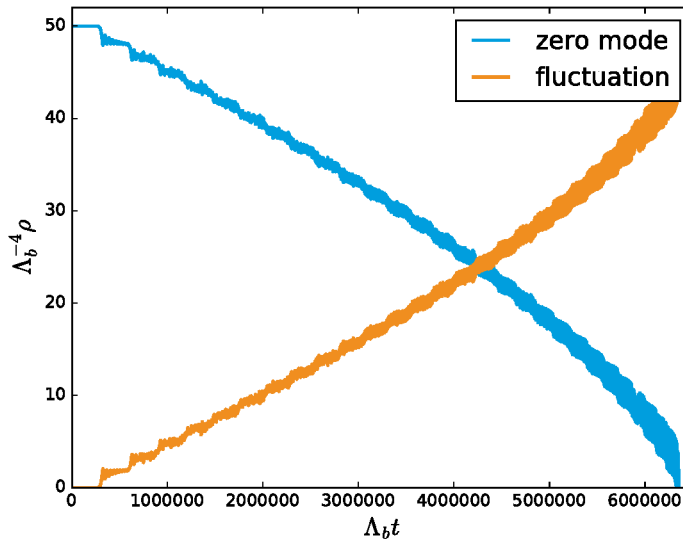


Figure 10. Time evolution of energy of zero-mode and fluctuations. We take $f = 1000\Lambda_b$, $\dot{\phi}_0 = 10\Lambda_b^2$, $\mu^3 = 0$, and $H = 0$.

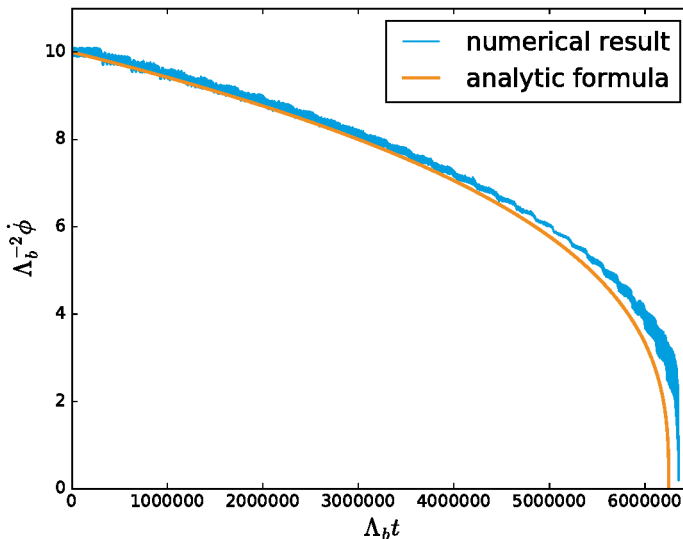


Figure 11. Time evolution of $\dot{\phi}$ with $f = 1000\Lambda_b$, $\dot{\phi} = 10\Lambda_b^2$, $\mu^3 = 0$, and $H = 0$. The blue line is obtained by solving Eqs. (2.9) and (2.10), and the orange line is the solution of Eq. (3.24). We take the same parameters as Fig. 10.

fragmentation process becomes slower for large value of H .

The phase diagrams of the axion particle production are shown in Figs. 14 and 15 for general values of μ^3 and H . In these figures, we take $\phi = -\pi f/2$ as the initial condition so that $\Lambda_b^4 \cos \phi/f = 0$ at the beginning. In Fig. 14, we take $H = 0$ and

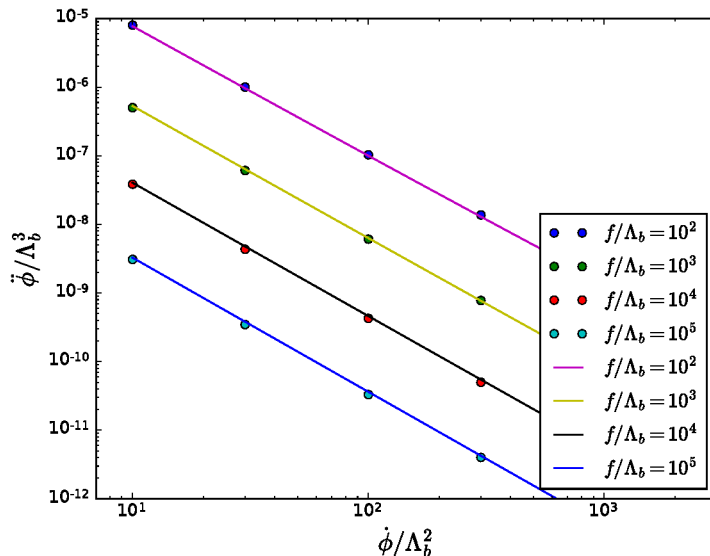


Figure 12. $\ddot{\phi}$ as a function of $\dot{\phi}$ with $\mu^3 = 0$ and $H = 0$. The lines are obtained from Eq. (3.24). The dots are calculated from the numerical solution of Eqs. (2.9) and (2.10).

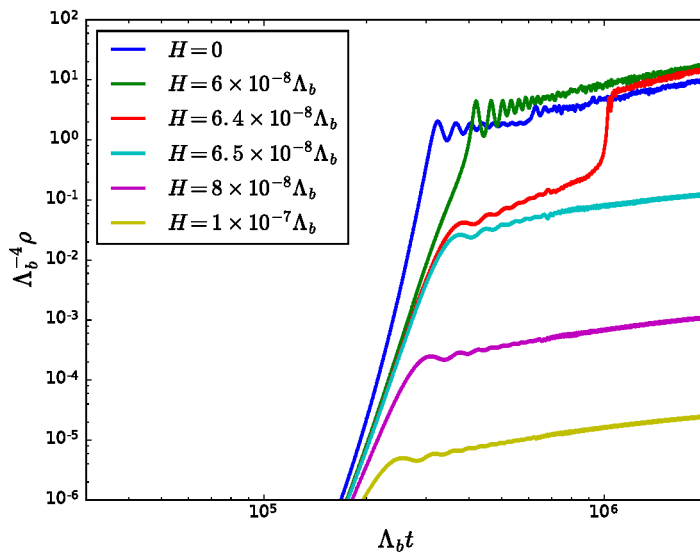


Figure 13. Time evolution of the energy of the fluctuations with $f = 1000\Lambda_b$, $\dot{\phi}_0 = 10\Lambda_b^2$, and $\mu^3 = 3H\dot{\phi}_0$. For small H , the evolution is fairly insensitive to it, while for larger values Hubble friction progressively reduces the efficiency of fragmentation. A transition is clearly visible around $H \simeq 6.4 \times 10^{-8}\Lambda_b$.

show the parameter region in which the particle production is efficient in $\dot{\phi}$ - μ^3 plane. The figure shows that the condition Eq. (3.29) successfully reproduces the numerical result for the maximal slope μ^3 that allows stopping due to fragmentation. In Fig. 15, we take nonzero H and show the parameter region in which the particle production

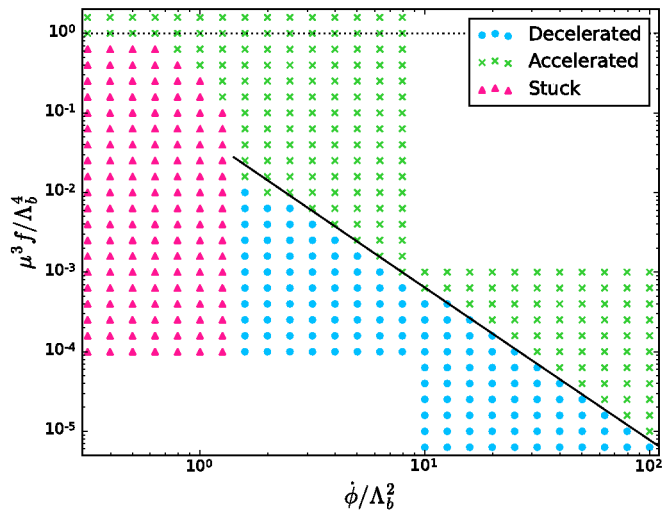


Figure 14. Phase diagram of axion fragmentation with $H = 0$. Blue: Particle production is efficient enough to stop the axion rolling. Green: The axion is accelerated by the slope and particle production is not efficient enough to stop its rolling. Red: The initial kinetic energy is not large enough to overcome the first barrier. The black line shows the condition in Eq. (3.29), which reproduces the boundary between the blue and the green regions.

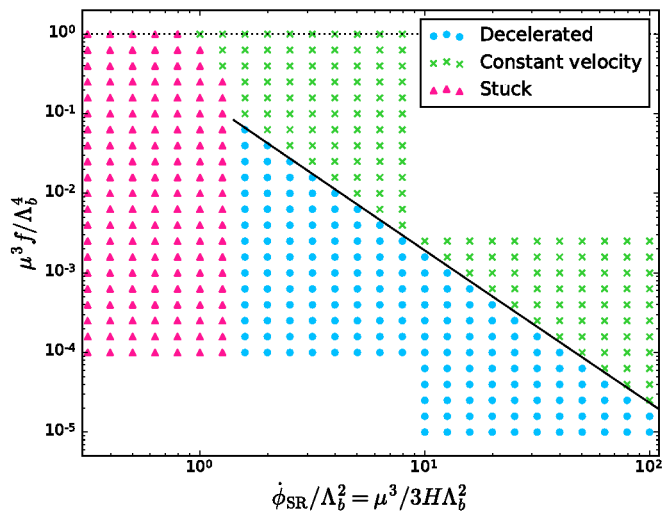


Figure 15. Phase diagram of axion particle production effect with $H \neq 0$. The initial velocity is taken to be the slow roll velocity $\mu^3/3H$. Blue: Particle production is efficient enough to stop the axion rolling. Green: The velocity of the axion is fixed to the slow roll velocity. Red: The initial kinetic energy is not large enough to overcome the first barrier. The black line shows the condition in Eq. (3.31), which reproduces the boundary between the blue and the green regions.

is efficient in the $\dot{\phi}_{\text{SR}} - \mu^3$ plane. The figure shows the excellent agreement between

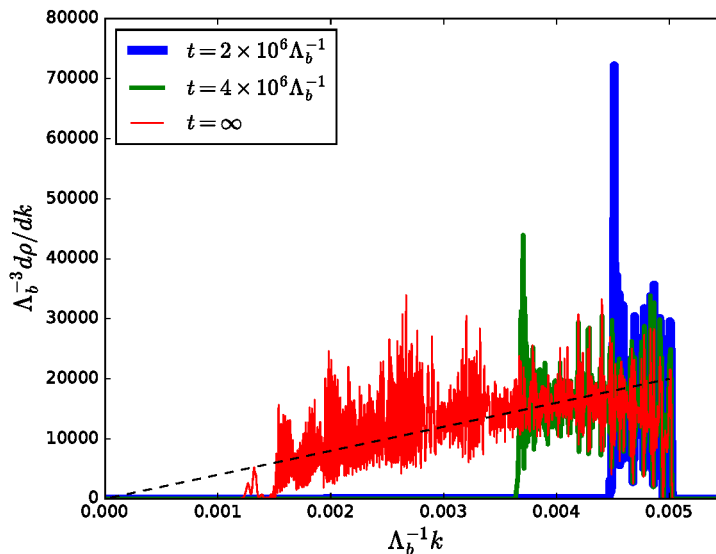


Figure 16. Energy spectrum of the fluctuations. We took the same parameters as Fig. 11. The black line shows Eq. (4.2).

Eq. (3.31) and the numerical results.

In Fig. 16, we show the time evolution of the energy spectrum of the fluctuations. This quantity can be easily estimated as follows. for $H = 0$ and $\mu^3 = 0$, by using Eqs. (3.9) and (3.25), we get

$$u_{k_{\text{cr}}}(t) = \frac{4\pi f}{k_{\text{cr}}^{3/2}} \sin(k_{\text{cr}}t + \delta). \quad (4.1)$$

Then, we can calculate the energy spectrum after fragmentation as

$$\frac{d\rho}{dk} = 4kf^2, \quad (4.2)$$

where we dropped the oscillating terms. Fig. 16 shows that this estimation agrees with the result of the numerical calculation.

5 Beyond the perturbative analysis

Let us comment on the validity of the leading order expansion of $\delta\phi$. For $H = 0$ and $\mu^3 = 0$, the size of fluctuation which is generated by the axion particle production can be estimated by using Eq. (4.1) as

$$\langle \delta\phi^2 \rangle = \int_{\dot{\phi}/2f}^{\dot{\phi}_0/2f} dk \frac{4\pi k^2}{(2\pi)^3} |u_k|^2 \approx 4f^2 \log \frac{\dot{\phi}_0}{\dot{\phi}}, \quad (5.1)$$

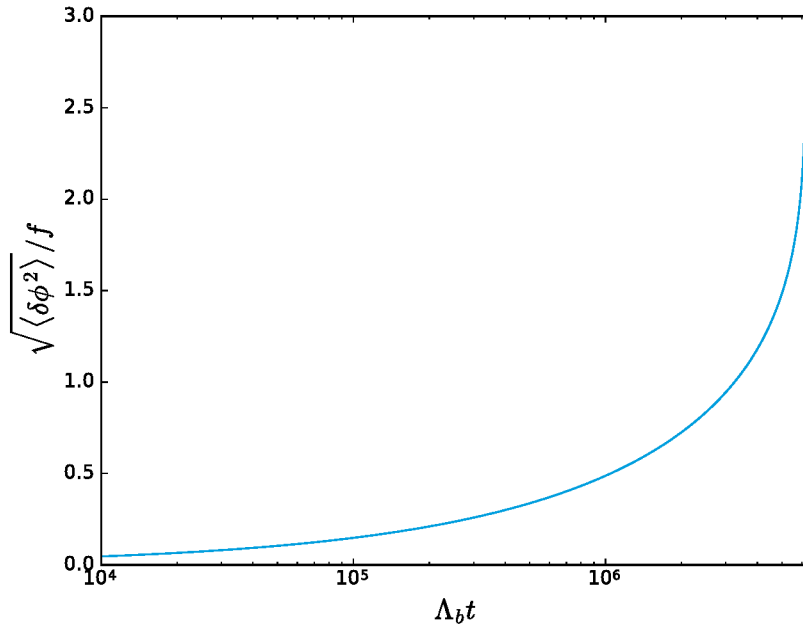


Figure 17. Time evolution of $\sqrt{\langle \delta\phi^2 \rangle}/f$. The parameters are same as Fig. 11.

where we averaged out the oscillating term in the integral. The time evolution of the ratio between $\sqrt{\langle \delta\phi^2 \rangle}$ and f is shown in Fig. 17. We can see that $\sqrt{\langle \delta\phi^2 \rangle}$ at late times becomes large and we need to use non-perturbative methods for a concrete analysis in this regime. However, Fig. 17 shows that $\sqrt{\langle \delta\phi^2 \rangle}/f \lesssim \mathcal{O}(1)$ is satisfied in the most part of fragmentation process. Thus, we can expect that the estimation on the time scale Eq. (3.26) and field excursion Eq. (3.27) during fragmentation do not considerably vary from the ones obtained using non-perturbative analysis. Such a non-perturbative analysis on the axion fragmentation process is beyond the scope of this paper and will be presented in the future.

6 Consequences: Relaxation of the electroweak scale

The axion fragmentation dynamics explored in this work should be taken into account in the evolution of any axion field which rolls down a wiggly potential. This phenomenon can fundamentally impact on a broad range of models, such as axion monodromy constructions and relaxion scenarios. In this section, we consider the effects of axion fragmentation on the relaxation mechanisms of the electroweak scale.

The relaxion mechanism is a solution to the electroweak hierarchy problem in which the Higgs mass term is controlled by the evolution of an axion-like field, the relaxion [18]. This field evolves classically in the early universe until it stops close to a critical point, defined as the field value at which the Higgs VEV is zero. A key ingredient in this picture is a potential that features periodic wiggles, similar to

the one discussed in this work. Relaxion fragmentation affects this construction in a substantial way [42], as we detail below in the two main implementations of the relaxion idea which have been discussed in the literature so far.

Higgs dependent barriers In the original proposal [18], the cosine term in the relaxion potential Eq. (2.1) has an amplitude dependent on the Higgs VEV, $\Lambda_b^4 \propto \langle h \rangle^n$, with $n = 1, 2$. For $n = 1$ (QCD relaxion), $\Lambda_b^4 \sim m_q \Lambda_{\text{QCD}}^3$ where m_q is the light quark masses. For the case with $n = 2$, the scale Λ_b cannot be far from the electroweak scale, satisfying $\Lambda_b \lesssim \text{TeV}$. The potential contains an interaction between the Higgs and the relaxion:

$$V \supset -g\Lambda^3\phi + \frac{1}{2}(\Lambda^2 - g'\Lambda\phi)h^2 + \frac{\lambda}{4}h^4 + \Lambda_b^4 \cos \frac{\phi}{f}. \quad (6.1)$$

Initially, the Higgs mass term $\mu_h^2 \equiv \Lambda^2 - g'\Lambda\phi$ is positive, and the VEV is zero. As soon as $\phi > \Lambda/g'$, μ_h^2 turns negative, a VEV develops, and the cosine term grows. In Ref. [18], it is assumed that the entire evolution takes place during a long period of inflation, and that Hubble friction is strong enough to stop the field as soon as the wiggles become larger than the average slope and the potential develop local minima, *i.e.* for $g\Lambda^3 \approx \Lambda_b^4/f$. In particular, this happens when the time that it takes to roll over one period of the cosine term is longer than one Hubble time, *i.e.* for

$$\Delta t_1 = \frac{2\pi f}{g\Lambda^3/3H} > H^{-1}. \quad (6.2)$$

Relaxion fragmentation offers an additional source of friction for the relaxion rolling. As discussed in Ref. [42], this opens up two possibilities: on the one hand, the relaxion can be stopped by fragmentation even when Eq. (6.2) is not satisfied. On the other hand, it is possible to stop the relaxion field with a much shorter period of inflation or even in the absence of an inflationary background, with a negligible Hubble friction. This opens new possibilities for relaxion model building, independent from constraints on the inflationary sector. If relaxation takes place after inflation, it is possible, at least in principle, to conceive a model in which this phase has observable features, most probably in gravitational waves. This study could open the way to observable relaxion models.

Higgs independent barriers An alternative relaxion construction was proposed in [33], in which the amplitude of the cosine term is Higgs-independent, and the friction is mainly provided by gauge boson particle production. The relaxion couples to the Chern-Simons term of the massive SM Z boson, through a term

$$\frac{\phi}{F} Z_{\mu\nu} \tilde{Z}^{\mu\nu}. \quad (6.3)$$

In the presence of this coupling, the equation of motion for the transverse polarization of the Z has a tachyonic instability for small mass m_Z

$$\ddot{Z}_\pm + \left(k^2 + m_Z^2 \pm k \frac{\dot{\phi}}{F} \right) Z_\pm = 0 \quad (6.4)$$

Contrarily to the case discussed above, initially the Higgs has a large VEV, and the SM particles are heavy. As the relaxion approaches the critical point and the gauge bosons become lighter, the tachyonic instability is triggered and the relaxion kinetic energy is dissipated through the production of Z bosons.

Fragmentation poses a serious threat to this model [42]. Since the amplitude of the cosine term is constant, fragmentation is always active, and the relaxion can be slowed down and stopped when the Higgs mass is large and close to the cut-off Λ , thus spoiling the successful relaxation of the Higgs VEV to its current value. In particular,

- if relaxation takes place after inflation [38], the parameter space is restricted by the condition of avoiding excessive fragmentation. Moreover, once cosmological constraints are taken into account, the mechanism is excluded at least for a cutoff larger than few TeV.
- If relaxation happens during inflation, the constraints from fragmentation reduce the available parameter space but do not exclude the model. The dark matter scenario discussed in [39], in particular, is not affected.

7 Summary and outlook

In this paper, we discussed the production of quantum fluctuations during the evolution of an axion-like field rolling down a potential featuring wiggles, as given in Eq. (2.1). We refer to this effect as axion fragmentation. While the production of quanta is suppressed when an axion oscillates around the minimum of its potential, unless the initial amplitude is very large and the initial position of the field is tuned close to the maximum of the sinusoidal potential, the effect is very large in the case where the axion field crosses many of its maxima. We studied in detail under which conditions axion fragmentation can efficiently stop the evolution of the field. We computed the time scale needed for stopping and the corresponding field excursion.

The wavefunction of the fluctuations obeys the Mathieu equation and the energy of the modes within the instability band Eq. (2.12) grows exponentially. If both the slope of the potential and the Hubble expansion rate are sufficiently small, this particle production effect decelerates the homogeneous mode. The condition is given as Eq. (3.3) and Eq. (3.16) in terms of the initial field velocity, the linear slope of

the potential, the Hubble rate, the size of the barriers and the periodicity of the sinusoidal potential. The corresponding acceleration $\ddot{\phi}$ is given in Eq. (3.17).

Axion fragmentation is a generic effect which can have interesting phenomenological implications. It is particularly relevant for the mechanism of cosmological relaxation of the electroweak scale. We dedicate a separate paper to study in details these implications in Ref. [42], where we conclude that new regions of parameter space open and novel directions for relaxion model building are offered by this effect.

Another promising direction will be to explore the impact of axion quanta on the cosmological history of the universe. As discussed in Ref. [42], depending on the equation of the state of the universe during axion rolling, the produced quanta may represent a significant fraction of the energy density of the universe. Whether they can be viable dark matter candidates, depends on the time of fragmentation. Such quanta may in turn induce gravitational waves. They may be diluted or leave observable imprints. These effects deserve detailed studies which we postpone for future work.

Acknowledgements

The authors thank Yohei Ema, Hyungjin Kim, Kyohei Mukaida, and Gilad Perez, Alexander Westphal for useful discussions. We are grateful to Sven Krippendorf for important discussions in the initial stages of this work. This work is supported by the Deutsche Forschungsgemeinschaft under Germany’s Excellence Strategy - EXC 2121 “Quantum Universe” - 390833306. Research in Mainz is supported by the Cluster of Excellence “Precision Physics, Fundamental Interactions, and Structure of Matter” (PRISMA+ EXC 2118/1) funded by the German Research Foundation (DFG) within the German Excellence Strategy (Project ID 39083149).

A Approximate solution of Eq. (2.10)

Let us discuss the evolution of the wave functions u_k . The boundary condition at $t \rightarrow -\infty$ is given by Eq. (2.6). For the duration of the amplification process, we can neglect the Hubble friction term $3H\dot{u}_k$ in the equation of motion. This is justified for $k \simeq \dot{\phi}/2f$ if $H \ll \Lambda_b^4/\dot{\phi}f$ is satisfied. The mode function u_k satisfies the following equation of motion:

$$\ddot{u}_k + \left(a^{-2}k^2 - \frac{\Lambda_b^4}{f^2} \cos \frac{\phi}{f} \right) u_k = 0. \quad (\text{A.1})$$

A.1 $\ddot{\phi} = 0$ and $H = 0$ (Mathieu equation)

First, let us consider the case of constant $\dot{\phi}$ and $H = 0$ as in Sec. 2. Taking the scale factor $a = 1$, Eq. (A.1) is simplified as

$$\ddot{u}_k + \left(k^2 - \frac{\Lambda_b^4}{f^2} \cos \frac{\dot{\phi}}{f} t \right) u_k = 0. \quad (\text{A.2})$$

This is the Mathieu equation, and it is known that u_k grows exponentially when k satisfies

$$\frac{\dot{\phi}^2}{4f^2} - \frac{\Lambda_b^4}{2f^2} < k^2 < \frac{\dot{\phi}^2}{4f^2} + \frac{\Lambda_b^4}{2f^2}. \quad (\text{A.3})$$

Let us see this behavior explicitly. We define δ and ϵ for convenience:

$$\delta \equiv \frac{2f^2}{\Lambda_b^4} \left(k^2 - \frac{\dot{\phi}^2}{4f^2} \right), \quad \epsilon \equiv \frac{\Lambda_b^4}{\dot{\phi}^2}. \quad (\text{A.4})$$

Then, Eq. (A.2) is rewritten as

$$\ddot{u}_k + \frac{\dot{\phi}^2}{4f^2} \left[1 + \epsilon \left(2\delta - 4 \cos \frac{\dot{\phi}}{f} t \right) \right] u_k = 0. \quad (\text{A.5})$$

We assume $\epsilon \ll 1$ and we will expand perturbatively in ϵ . On the other hand, we assume $\delta = \mathcal{O}(1)$, as we are interested in the first instability band. In the limit $\epsilon = 0$, the solution is of the form $u_k = a \cos(\dot{\phi}t/2) + b \sin(\dot{\phi}t/2)$ for constant a and b . This motivates the following ansatz for u_k :

$$u_k = \frac{1}{\sqrt{2k}} \sum_{n=1}^{\infty} \left[A_n(t) \cos \frac{2n-1}{2} \frac{\dot{\phi}}{f} t + B_n(t) \sin \frac{2n-1}{2} \frac{\dot{\phi}}{f} t \right]. \quad (\text{A.6})$$

Here \cos and \sin encode the rapid oscillations of the solution, while A_n 's and B_n 's are slowly varying coefficients. The terms with $n \geq 2$ are introduced to maintain a consistency with Eq. (A.5). We define a dimensionless time τ :

$$\tau \equiv \frac{\Lambda_b^4 t}{2\dot{\phi}f}. \quad (\text{A.7})$$

By plugging Eqs. (A.6, A.7) into Eq. (A.2), we obtain the following differential equations for A_n 's and B_n 's:

$$(-1 + \delta)A_1 - A_2 + \frac{dB_1}{d\tau} + \frac{1}{2}\epsilon \frac{d^2 A_1}{d\tau^2} = 0, \quad (\text{A.8})$$

$$(-1 - \delta)B_1 + B_2 + \frac{dA_1}{d\tau} - \frac{1}{2}\epsilon \frac{d^2 B_1}{d\tau^2} = 0 \quad (\text{A.9})$$

for $n = 1$ and, for $n \geq 2$,

$$(n-1)nA_n + \epsilon \left(-\frac{1}{2}(2n-1) \frac{dB_n}{d\tau} + \frac{1}{2}A_{n-1} - \frac{1}{2}\delta A_n + \frac{1}{2}A_{n+1} \right) - \frac{1}{4}\epsilon^2 \frac{d^2 A_n}{d\tau^2} = 0, \quad (\text{A.10})$$

$$(n-1)nB_n + \epsilon \left(\frac{1}{2}(2n-1) \frac{dA_n}{d\tau} + \frac{1}{2}B_{n-1} - \frac{1}{2}\delta B_n + \frac{1}{2}B_{n+1} \right) - \frac{1}{4}\epsilon^2 \frac{d^2 B_n}{d\tau^2} = 0. \quad (\text{A.11})$$

The differential equations above indicate a simple hierarchy between the coefficients

$$A_n, B_n \sim (A_1, B_1) \times \epsilon^{n-1}. \quad (\text{A.12})$$

At the leading order in ϵ , we can neglect A_n and B_n with $n \geq 2$, and also the second derivative in Eqs. (A.8), (A.9). We obtain

$$(-1 + \delta)A_1 + \frac{dB_1}{d\tau} = 0, \quad (\text{A.13})$$

$$(-1 - \delta)B_1 + \frac{dA_1}{d\tau} = 0. \quad (\text{A.14})$$

For $-1 < \delta < 1$, the asymptotic behavior of A_1 and B_1 are then

$$A_1(t), B_1(t) \sim \exp\left(\sqrt{1 - \delta^2}\tau\right) = \exp\left(\sqrt{1 - \delta^2} \frac{\Lambda_b^4 t}{2\dot{\phi}f}\right). \quad (\text{A.15})$$

For $|\delta| < 1$ the solution is unstable. On the contrary, for $\delta^2 > 1$ it oscillates as $\sin(\sqrt{\delta^2 - 1}\Lambda_b^4 t / 2\dot{\phi}f)$.

A.2 Small non-zero $\ddot{\phi}$ and H

Let us now introduce a small, constant acceleration $\ddot{\phi}$:

$$\dot{\phi} = \dot{\phi}(0) + \ddot{\phi}t, \quad (\text{A.16})$$

where $\dot{\phi}(0) = \dot{\phi}(t=0)$. The assumption of neglecting higher derivatives is justified in the main text, see the discussion around Eq. (3.7). Let us consider a given mode k . By a simple time shift, here we define $t = 0$ as the time at which k is at the center

of the instability band, which is now defined as

$$\left[\frac{k^2}{a^2} = \left(\frac{\dot{\phi}(t)}{2f} \right)^2 \right]_{t=0}. \quad (\text{A.17})$$

As the velocity decreases, the instability band moves to lower modes. For a given k , we will solve the equations of motion from a time slightly before it enters the instability band, until slightly after it exits, and we will see how the initial oscillatory behaviour is then amplified inside the instability band until the mode exits. We assume for u_k an ansatz similar to Eq. (A.6), but this time the cosine will depend on $\phi(t)$:

$$u_k = \frac{1}{a\sqrt{2k}} \sum_{n=1}^{\infty} \left[A_n(t) \cos \frac{2n-1}{2} \frac{\phi}{f} + B_n(t) \sin \frac{2n-1}{2} \frac{\phi}{f} \right]. \quad (\text{A.18})$$

Again, we only consider the case in which the velocity is larger than the wiggles, $\epsilon \equiv \Lambda_b^4/\dot{\phi}^2 \ll 1$. In order to keep the evolution under perturbative control, we assume that the time spend in the instability band is short, and that the velocity changes only slightly during this time. Furthermore, we assume that the effect of Hubble friction is small:

$$\left| \frac{t\ddot{\phi}}{\dot{\phi}} \right| \ll 1, \quad Ht \ll 1. \quad (\text{A.19})$$

In Eq. (A.18) we make explicit the a^{-1} dependence of the mode functions on the scale factor. When taking the derivatives \dot{u}_k , \ddot{u}_k we will keep this factor as a constant, consistently with the assumption that the amplification time for any mode k is much shorter than a Hubble time. By plugging the above u_k into the equation of motion Eq. (A.1), we obtain the equations for the coefficients of the sine and cosine terms. Similarly to before, the $n \geq 2$ equations show an hierarchy $A_n, B_n \sim (A_1, B_1) \times \epsilon^{n-1}$. This can be extracted from the equations of motion or by analogy with the constant velocity case, remembering that the acceleration gives only a small correction to the evolution according to Eq. (A.19). Thus, we can neglect the contribution from the $n \geq 2$ terms. For $n = 1$ we obtain the equation for the coefficients of $\cos \phi/2f$ and $\sin \phi/2f$:

$$\left(a^{-2}k^2 - \frac{\dot{\phi}^2}{4f^2} - \frac{\Lambda_b^4}{2f^2} \right) A_1 + \frac{d^2 A_1}{dt^2} + \frac{\dot{\phi}}{f} \frac{dB_1}{dt} + \frac{\ddot{\phi} B_1}{2f} = 0, \quad (\text{A.20})$$

$$- \left(a^{-2}k^2 - \frac{\dot{\phi}^2}{4f^2} + \frac{\Lambda_b^4}{2f^2} \right) B_1 - \frac{d^2 B_1}{dt^2} + \frac{\dot{\phi}}{f} \frac{dA_1}{dt} + \frac{\ddot{\phi} A_1}{2f} = 0. \quad (\text{A.21})$$

By using the results in the previous section, we can estimate that $d^2 A_1/dt^2, d^2 B_1/dt^2 \sim (\Lambda_b^4/\dot{\phi}f)dA_1/dt, (\Lambda_b^4/\dot{\phi}f)dB_1/dt$. Thus, by assuming $\Lambda_b^4 \ll \dot{\phi}^2$, we can drop $d^2 A_1/dt^2$ and $d^2 B_1/dt^2$ in the above equations. We require the time evolution of $\dot{\phi}$ is sufficiently slower than that of A_1 and B_1 , *i.e.*, $|\ddot{\phi}/\dot{\phi}| \ll |A_1^{-1}dA_1/dt|, |B_1^{-1}dB_1/dt|$. This condition can be understood as follows. The time evolution of the energy of zero mode is given by $d\rho_0/dt = \dot{\phi}\ddot{\phi} = \rho_0(\ddot{\phi}/\dot{\phi})$. The energy stored in the fluctuations inside the instability band is

$$\delta\rho_{\text{fluc}} \sim \frac{d\rho_{\text{fluc}}}{dk} \delta k \sim (k^4|u_k|^2 + k^2|\dot{u}_k|^2)\delta k. \quad (\text{A.22})$$

Thus, dropping second time derivatives, the growth of $\delta\rho_{\text{fluc}}$ is given by

$$\frac{d\delta\rho_{\text{fluc}}}{dt} \sim \delta\rho_{\text{fluc}} \frac{1}{(A_1 + B_1)} \left(\frac{dA_1}{dt} + \frac{dB_1}{dt} \right) \quad (\text{A.23})$$

The growth in energy of the modes inside the instability band correspond to the slow-down of the zero mode. Thus, $d\rho_0/dt \sim d\delta\rho_{\text{fluc}}/dt$, and we obtain $\ddot{\phi}/\dot{\phi} \sim (\dot{A}_1 + \dot{B}_1)/(A_1 + B_1) \delta\rho_{\text{fluc}}/\rho_0$. Due to the smallness of the band width δk , $\delta\rho_{\text{fluc}}/\rho_0 \ll 1$, and hence $\ddot{\phi}/\dot{\phi} \ll (\dot{A}_1 + \dot{B}_1)/(A_1 + B_1)$. The last condition can be rewritten as

$$\ddot{\phi} \ll \frac{\Lambda_b^4}{f}, \quad (\text{A.24})$$

which implies $\ddot{\phi} \ll \dot{\phi}^2/f$. Thus, we can drop the terms $\ddot{\phi}A_1/2f$ and $\ddot{\phi}B_1/2f$. Finally, we define the auxiliary quantities

$$\tau = \frac{\Lambda_b^4 t}{2\dot{\phi}(t)f}, \quad z = -\frac{2f\dot{\phi}^2(0)(\ddot{\phi} + H\dot{\phi}(0))}{\Lambda_b^8}. \quad (\text{A.25})$$

where $k = \dot{\phi}(0)/2f$. In terms of τ and z , we obtain

$$(-1 + z\tau)A_1 + \frac{dB_1}{d\tau} = 0, \quad (\text{A.26})$$

$$(-1 - z\tau)B_1 + \frac{dA_1}{d\tau} = 0. \quad (\text{A.27})$$

A.2.1 Generic solution for Eqs. (A.26, A.27)

Let us discuss the solution of Eqs. (A.26, A.27) for $z \ll 1$. Eqs. (A.26, A.27) can be rewritten as

$$\frac{d^2 A_1}{d\tau^2} - \frac{z}{1+z\tau} \frac{dA_1}{d\tau} + (z^2\tau^2 - 1)A_1 = 0, \quad (\text{A.28})$$

$$\frac{d^2 B_1}{d\tau^2} + \frac{z}{1-z\tau} \frac{dB_1}{d\tau} + (z^2\tau^2 - 1)B_1 = 0. \quad (\text{A.29})$$

In the case of $1 + z\tau$, $1 - z\tau \gtrsim \mathcal{O}(1)$, we can use WKB approximation for these differential equations. A_1 can be written as $A_1 = \exp(\alpha_0(\tau) + z\alpha_1(\tau) + \dots)$ where $\alpha'_0, \alpha'_1 = \mathcal{O}(1)$ and $\alpha''_0, \alpha''_1 = \mathcal{O}(z)$. At leading and next to leading order in z , we obtain the following equations from Eq. (A.28):

$$(\alpha'_0)^2 + (z^2\tau^2 - 1) = 0, \quad (\text{A.30})$$

$$2z\alpha'_0\alpha'_1 + \alpha''_0 - \frac{z}{1+z\tau}\alpha'_0 = 0. \quad (\text{A.31})$$

Solutions of the above equation are

$$\alpha_0 = \pm i \int^\tau d\tau' \sqrt{z^2\tau'^2 - 1}, \quad \alpha_1 = \frac{1}{4z} \log\left(\frac{z\tau + 1}{z\tau - 1}\right) \quad (|z\tau| > 1) \quad (\text{A.32})$$

$$\alpha_0 = \pm \int^\tau d\tau' \sqrt{1 - z^2\tau'^2}, \quad \alpha_1 = \frac{1}{4z} \log\left(\frac{1 + z\tau}{1 - z\tau}\right) \quad (|z\tau| < 1) \quad (\text{A.33})$$

Similarly, by plugging $B_1 = \exp(\beta_0(\tau) + z\beta_1(\tau) + \dots)$ into Eq. (A.29), we obtain

$$\beta_0 = \pm i \int^\tau d\tau' \sqrt{z^2\tau'^2 - 1}, \quad \beta_1 = \frac{1}{4z} \log\left(\frac{z\tau - 1}{z\tau + 1}\right) \quad (|z\tau| > 1) \quad (\text{A.34})$$

$$\beta_0 = \pm \int^\tau d\tau' \sqrt{1 - z^2\tau'^2}, \quad \beta_1 = \frac{1}{4z} \log\left(\frac{1 - z\tau}{1 + z\tau}\right) \quad (|z\tau| < 1) \quad (\text{A.35})$$

The generic solution for $z\tau < -1$ is given as

$$A_1 = \left(\frac{-z\tau - 1}{-z\tau + 1}\right)^{1/4} \left[c_+ \exp\left(i \int_{-1/z}^\tau d\tau' \sqrt{z^2\tau'^2 - 1}\right) + c_- \exp\left(-i \int_{-1/z}^\tau d\tau' \sqrt{z^2\tau'^2 - 1}\right) \right], \quad (\text{A.36})$$

$$B_1 = \left(\frac{-z\tau + 1}{-z\tau - 1}\right)^{1/4} \left[-ic_+ \exp\left(i \int_{-1/z}^\tau d\tau' \sqrt{z^2\tau'^2 - 1}\right) + ic_- \exp\left(-i \int_{-1/z}^\tau d\tau' \sqrt{z^2\tau'^2 - 1}\right) \right]. \quad (\text{A.37})$$

For $|z\tau| < 1$,

$$A_1 = \left(\frac{1 + z\tau}{1 - z\tau}\right)^{1/4} \left[c'_+ \exp\left(\int_{-1/z}^\tau d\tau' \sqrt{1 - z^2\tau'^2}\right) + c'_- \exp\left(-\int_{-1/z}^\tau d\tau' \sqrt{1 - z^2\tau'^2}\right) \right], \quad (\text{A.38})$$

$$B_1 = \left(\frac{1 - z\tau}{1 + z\tau}\right)^{1/4} \left[c'_+ \exp\left(\int_{-1/z}^\tau d\tau' \sqrt{1 - z^2\tau'^2}\right) - c'_- \exp\left(-\int_{-1/z}^\tau d\tau' \sqrt{1 - z^2\tau'^2}\right) \right]. \quad (\text{A.39})$$

For $z\tau > 1$,

$$A_1 = \left(\frac{z\tau + 1}{z\tau - 1}\right)^{1/4} \left[c_+'' \exp\left(i \int_{-1/z}^{\tau} d\tau' \sqrt{z^2 \tau'^2 - 1}\right) + c_-'' \exp\left(-i \int_{-1/z}^{\tau} d\tau' \sqrt{z^2 \tau'^2 - 1}\right) \right], \quad (\text{A.40})$$

$$B_1 = \left(\frac{z\tau - 1}{z\tau + 1}\right)^{1/4} \left[ic_+'' \exp\left(i \int_{-1/z}^{\tau} d\tau' \sqrt{z^2 \tau'^2 - 1}\right) - ic_-'' \exp\left(-i \int_{-1/z}^{\tau} d\tau' \sqrt{z^2 \tau'^2 - 1}\right) \right], \quad (\text{A.41})$$

In Eqs. (A.36-A.39), c , c' , and c'' are constants, and the relative factors between A_1 and B_1 are determined to satisfy Eqs. (A.26, A.27).

The WKB approximation fails for $\tau \simeq \pm 1/z$, as can be seen for example from the last term in Eq. (A.31) becoming of order $\mathcal{O}(1)$. For $\tau \simeq -1/z$, Eqs. (A.26, A.27) can be approximated as

$$-2A_1 + \frac{dB_1}{d\tau} = 0, \quad (\text{A.42})$$

$$(-1 - z\tau)B_1 + \frac{dA_1}{d\tau} = 0. \quad (\text{A.43})$$

Eq. (A.43) can be rewritten as an Airy/Stokes equation, the solution of which can be written in terms of the Airy functions Ai, Bi as

$$B_1 \simeq c_A \text{Ai} \left[(2z)^{1/3} \left(\tau + \frac{1}{z} \right) \right] + c_B \text{Bi} \left[(2z)^{1/3} \left(\tau + \frac{1}{z} \right) \right], \quad (\text{A.44})$$

where c_A and c_B are constants. A_i can be obtained using Eq. (A.42):

$$A_1 \simeq 2^{-2/3} z^{1/3} \left\{ c_A \text{Ai}' \left[(2z)^{1/3} \left(\tau + \frac{1}{z} \right) \right] + c_B \text{Bi}' \left[(2z)^{1/3} \left(\tau + \frac{1}{z} \right) \right] \right\}, \quad (\text{A.45})$$

Here $\text{Ai}'(x) = d\text{Ai}/dx$ and $\text{Bi}'(x) = d\text{Bi}/dx$. Similarly, we obtain the generic solution for $\tau \simeq 1/z$:

$$A_1 \simeq c'_A \text{Ai} \left[-(2z)^{1/3} \left(\tau - \frac{1}{z} \right) \right] + c'_B \text{Bi} \left[-(2z)^{1/3} \left(\tau - \frac{1}{z} \right) \right], \quad (\text{A.46})$$

$$B_1 \simeq -2^{-2/3} z^{1/3} \left\{ c'_A \text{Ai}' \left[-(2z)^{1/3} \left(\tau - \frac{1}{z} \right) \right] + c'_B \text{Bi}' \left[-(2z)^{1/3} \left(\tau - \frac{1}{z} \right) \right] \right\}. \quad (\text{A.47})$$

where c'_A and c'_B are constants.

Now we have the generic solution of Eqs. (A.26, A.27) in the following five separate region of τ :

- $\tau < -1/z$: Eqs. (A.36, A.37)
- $\tau \simeq -1/z$: Eqs. (A.45, A.44)
- $-1/z < \tau < 1/z$: Eqs. (A.38, A.39)
- $\tau \simeq 1/z$: Eqs. (A.46, A.47)
- $1/z < \tau$: Eqs. (A.40, A.41)

To connect each region of τ , we will need the asymptotic form of Airy functions:

$$\begin{aligned} \text{Ai}(x) &\simeq \frac{1}{2\sqrt{\pi} x^{1/4}} \exp\left(-\frac{2}{3}x^{3/2}\right) \\ \text{Bi}(x) &\simeq \frac{1}{\sqrt{\pi} x^{1/4}} \exp\left(\frac{2}{3}x^{3/2}\right), \end{aligned} \quad \text{for } x \gg 1, \quad (\text{A.48})$$

and

$$\begin{aligned} \text{Ai}(x) &\simeq \frac{1}{\sqrt{\pi}(-x)^{1/4}} \sin\left(\frac{2}{3}(-x)^{3/2} + \frac{\pi}{4}\right) \\ \text{Bi}(x) &\simeq \frac{1}{\sqrt{\pi}(-x)^{1/4}} \cos\left(\frac{2}{3}(-x)^{3/2} + \frac{\pi}{4}\right) \end{aligned} \quad \text{for } x \ll -1. \quad (\text{A.49})$$

We will also need the expansion of the phases of the WKB solutions close to the critical points $z\tau = \pm 1$:

$$\begin{aligned} \int_{-1/z}^{\tau} d\tau' \sqrt{z^2\tau'^2 - 1} &= \frac{1}{2z} \left[z\tau \sqrt{z^2\tau^2 - 1} - \log\left(-z\tau - \sqrt{z^2\tau^2 - 1}\right) \right] \\ &\simeq -\frac{2^{3/2}}{3z} (-1 - z\tau)^{3/2}, \quad z\tau \rightarrow -1^- \end{aligned} \quad (\text{A.50})$$

$$\begin{aligned} \int_{-1/z}^{\tau} d\tau' \sqrt{1 - z^2\tau'^2} &= \frac{1}{2z} \left[z\tau \sqrt{1 - z^2\tau^2} - \arcsin(z\tau) + \frac{\pi}{2} \right] \\ &\simeq \frac{2^{3/2}}{3z} (1 + z\tau)^{3/2}, \quad z\tau \rightarrow -1^+ \end{aligned} \quad (\text{A.51})$$

$$\int_{-1/z}^{\tau} d\tau' \sqrt{1 - z^2\tau'^2} \simeq \frac{\pi}{2z} - \frac{2^{3/2}}{3z} (1 - z\tau)^{3/2}, \quad z\tau \rightarrow 1^- \quad (\text{A.52})$$

$$\begin{aligned} \int_{+1/z}^{\tau} d\tau' \sqrt{z^2\tau'^2 - 1} &= \frac{1}{2z} \left[z\tau \sqrt{z^2\tau^2 - 1} - \log\left(z\tau + \sqrt{z^2\tau^2 - 1}\right) \right] \\ &\simeq \frac{2^{3/2}}{3z} (z\tau - 1)^{3/2}, \quad z\tau \rightarrow 1^+ \end{aligned} \quad (\text{A.53})$$

A.2.2 Matching with the initial condition Eq. (2.6)

The solutions described have free coefficients that can be obtained from matching at the intersection of their regime of validity and with the initial condition

$$u_k \simeq \frac{e^{-i(k/a)t}}{a\sqrt{2k}}, \quad (\text{A.54})$$

where Eq. (A.54) is specified up to a phase, which we choose in order to make the phases of A_1 and B_1 real and positive for $\tau > -1/z$. The initial conditions for $A_1(\tau)$ and $B_1(\tau)$ are given as

$$A_1(\tau) \simeq \exp\left(-\frac{i}{2}z\tau^2 + i\theta\right), \quad B_1(\tau) \simeq -i \exp\left(-\frac{i}{2}z\tau^2 + i\theta\right), \quad (\text{A.55})$$

where θ is a phase which we do not specify here.

Matching Eqs. (A.36, A.37) with the initial condition Eq. (A.55) at $\tau < -1/z$, we have

$$A_1(\tau) \simeq i \left(\frac{-1 - z\tau}{1 - z\tau}\right)^{1/4} \exp\left(i \int_{-1/z}^{\tau} d\tau' \sqrt{z^2\tau'^2 - 1} - \frac{i\pi}{4}\right), \quad (\text{A.56})$$

$$B_1(\tau) \simeq \left(\frac{1 - z\tau}{-1 - z\tau}\right)^{1/4} \exp\left(i \int_{-1/z}^{\tau} d\tau' \sqrt{z^2\tau'^2 - 1} - \frac{i\pi}{4}\right). \quad (\text{A.57})$$

For $\tau \simeq -1/z$, A_1 can be written as a linear combination of Airy functions. The solution which is consistent with Eqs. (A.56, A.57) is

$$A_1(\tau) \simeq 2^{-1/3} z^{1/6} \sqrt{\pi} [-i\text{Ai}'((2z)^{1/3}(\tau + 1/z)) + \text{Bi}'((2z)^{1/3}(\tau + 1/z))], \quad (\text{A.58})$$

$$B_1(\tau) \simeq 2^{1/3} z^{-1/6} \sqrt{\pi} [-i\text{Ai}((2z)^{1/3}(\tau + 1/z)) + \text{Bi}((2z)^{1/3}(\tau + 1/z))]. \quad (\text{A.59})$$

For $-1/z < \tau < 1/z$, we can use WKB approximation again. The solution consistent with Eqs. (A.58, A.59) is given as

$$A_1(\tau) \simeq \left(\frac{1 + z\tau}{1 - z\tau}\right)^{1/4} \exp\left(\int_{-1/z}^{\tau} d\tau' \sqrt{1 - z^2\tau'^2}\right), \quad (\text{A.60})$$

$$B_1(\tau) \simeq \left(\frac{1 - z\tau}{1 + z\tau}\right)^{1/4} \exp\left(\int_{-1/z}^{\tau} d\tau' \sqrt{1 - z^2\tau'^2}\right). \quad (\text{A.61})$$

Here we dropped exponentially suppressed term $\exp(-\int_{-1/z}^{\tau} d\tau' \sqrt{1 - z^2\tau'^2})$. For $\tau \sim 1/z$, B_1 can be written as a linear combination of Airy functions. Matching onto

Eq. (A.60, A.61) gives

$$A_1(\tau) \simeq 2^{4/3} z^{-1/6} \sqrt{\pi} \exp\left(\frac{\pi}{2z}\right) \text{Ai}\left(-(2z)^{1/3}(\tau - 1/z)\right), \quad (\text{A.62})$$

$$B_1(\tau) \simeq -2^{2/3} z^{1/6} \sqrt{\pi} \exp\left(\frac{\pi}{2z}\right) \text{Ai}'\left(-(2z)^{1/3}(\tau - 1/z)\right). \quad (\text{A.63})$$

Finally, for $\tau > 1/z$, we can use WKB approximation again. Matching with with Eqs. (A.62, A.63) gives

$$A_1(\tau) = 2 \exp\left(\frac{\pi}{2z}\right) \left(\frac{z\tau + 1}{z\tau - 1}\right)^{1/4} \sin\left(\frac{\pi}{4} + \int_{1/z}^{\tau} d\tau' \sqrt{z^2 \tau'^2 - 1}\right), \quad (\text{A.64})$$

$$B_1(\tau) = 2 \exp\left(\frac{\pi}{2z}\right) \left(\frac{z\tau - 1}{z\tau + 1}\right)^{1/4} \cos\left(\frac{\pi}{4} + \int_{1/z}^{\tau} d\tau' \sqrt{z^2 \tau'^2 - 1}\right). \quad (\text{A.65})$$

Therefore, after amplification has ended, the asymptotic behavior of u_k is

$$u_k \rightarrow \frac{1}{a} \sqrt{\frac{2}{k}} \exp\left(\frac{\pi}{2z}\right) \sin\left(\frac{\pi}{4} + \frac{\phi}{2f} + \int_{1/z}^{\frac{\Lambda_k^4 t}{2\phi_0 f^2}} d\tau' \sqrt{z^2 \tau'^2 - 1}\right). \quad (\text{A.66})$$

Figure 18 shows the good agreement of a numerical solution of Eqs. (A.26, A.27) with the analytic formulae above. By using the definition of z given in Eq. (A.25), we obtain Eq. (3.9).

So far, we have discussed the case with $z > 0$, *i.e.*, $\ddot{\phi} < -H\dot{\phi}$. In closing this section, let us briefly look at the solutions of Eqs. (A.26, A.27) for $z < 0$, *i.e.*, $\ddot{\phi} > -H\dot{\phi}$. This solution is required to discuss positive $\ddot{\phi}$ solution and $\ddot{\phi} = 0$ solution in Eq. (3.15). For $z < 0$, the initial conditions for A_1 and B_1 is

$$A_1(\tau) \simeq \exp\left(\frac{i}{2}|z|\tau^2 + i\theta\right), \quad B_1(\tau) \simeq -i \exp\left(\frac{i}{2}|z|\tau^2 + i\theta\right), \quad (\text{A.67})$$

Eq. (A.26, A.27) are symmetric under the transformation of $z \rightarrow -z$ and $A_1 \leftrightarrow B_1$. Also, complex conjugation is a symmetry of the equation of motion. The initial conditions in Eq. (A.67) can be obtained by taking complex conjugate of Eq. (A.55) after exchanging $A_1 \leftrightarrow B_1$. Thus, A_1 and B_1 for $z < 0$ can be obtained from Eqs. (A.56–A.65) by replacing $z \rightarrow |z|$ and

$$A_1|_{z<0} = (B_1|_{z>0})^*, \quad B_1|_{z<0} = (A_1|_{z>0})^*. \quad (\text{A.68})$$

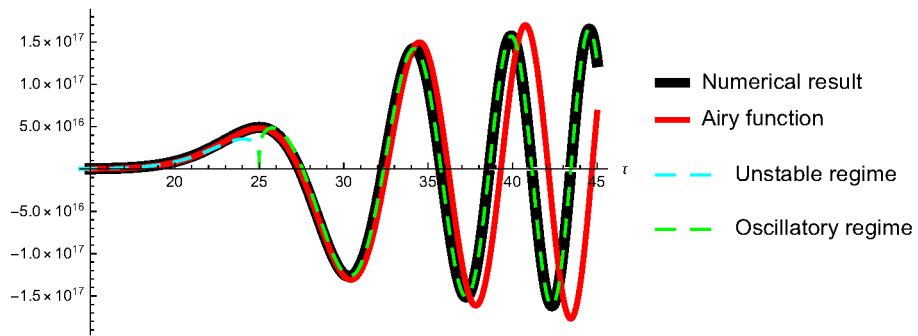
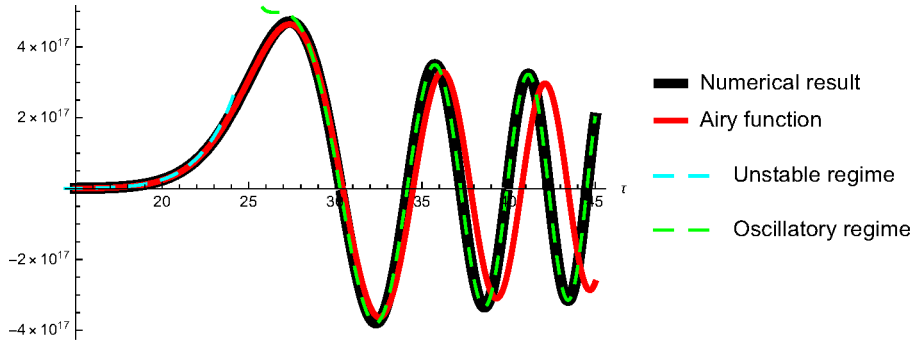
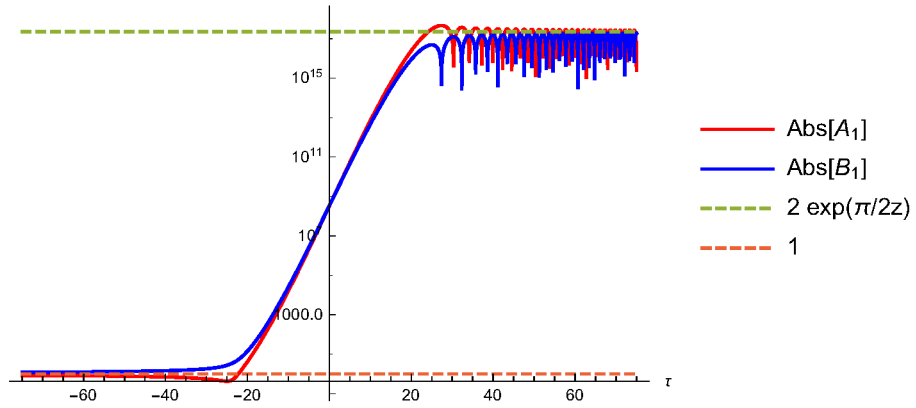


Figure 18. Solution of Eqs. (A.26, A.27) with $z = 0.04$. The top panel shows $|A_1|$ and $|B_1|$. The middle (bottom) panel shows comparison between numerical result of A_1 (B_1) at $\tau \simeq 1/z = 25$ with Eq. (A.62, A.63) (red lines), Eq. (A.64, A.65) (green dashed lines), and Eq. (A.60, A.61) (cyan dashed lines).

The coefficients A_1, B_1 for $\tau < -1/|z|$ are given as

$$A_1(\tau) \simeq \left(\frac{1 - |z|\tau}{-1 - |z|\tau} \right)^{1/4} \exp \left(-i \int_{-1/|z|}^{\tau} d\tau' \sqrt{z^2 \tau'^2 - 1} + \frac{i\pi}{4} \right), \quad (\text{A.69})$$

$$B_1(\tau) \simeq -i \left(\frac{-1 - |z|\tau}{1 - |z|\tau} \right)^{1/4} \exp \left(-i \int_{-1/|z|}^{\tau} d\tau' \sqrt{z^2 \tau'^2 - 1} + \frac{i\pi}{4} \right). \quad (\text{A.70})$$

A_1 and B_1 for $\tau > 1/|z|$ are given as

$$A_1(\tau) = 2 \exp \left(\frac{\pi}{2|z|} \right) \left(\frac{|z|\tau - 1}{|z|\tau + 1} \right)^{1/4} \cos \left(\frac{\pi}{4} + \int_{1/|z|}^{\tau} d\tau' \sqrt{z^2 \tau'^2 - 1} \right), \quad (\text{A.71})$$

$$B_1(\tau) = 2 \exp \left(\frac{\pi}{2|z|} \right) \left(\frac{|z|\tau + 1}{|z|\tau - 1} \right)^{1/4} \sin \left(\frac{\pi}{4} + \int_{1/|z|}^{\tau} d\tau' \sqrt{z^2 \tau'^2 - 1} \right). \quad (\text{A.72})$$

Therefore, after amplification has ended, the asymptotic behavior of u_k is

$$u_k \rightarrow \frac{1}{a} \sqrt{\frac{2}{k}} \exp \left(\frac{\pi}{2|z|} \right) \cos \left(-\frac{\pi}{4} + \frac{\phi}{2f} - \int_{1/|z|}^{\frac{\Lambda_b^4 t}{2\phi_0 f^2}} d\tau' \sqrt{z^2 \tau'^2 - 1} \right). \quad (\text{A.73})$$

By using the definition of z given in Eq. (A.25), we obtain Eq. (3.9).

B Detailed analysis on Eq. (3.15)

In this section, we discuss Eq. (3.15) in detail.

B.1 The solutions of Eq. (3.15)

Let us discuss the solutions of Eq. (3.15), which we report here for simplicity:

$$\dot{\phi}\ddot{\phi} = -3H\dot{\phi}^2 + \mu^3\dot{\phi} - \frac{1}{32\pi^2 f^4} \dot{\phi}^3 |\ddot{\phi} + H\dot{\phi}| \exp \left(\frac{\pi\Lambda_b^8}{2f\dot{\phi}^2 |\ddot{\phi} + H\dot{\phi}|} \right). \quad (\text{B.1})$$

By defining

$$x \equiv \frac{\pi\Lambda_b^8}{2f\dot{\phi}^2 (\ddot{\phi} + H\dot{\phi})}, \quad (\text{B.2})$$

Eq. (3.15) can be rewritten as

$$\frac{1}{x} = \frac{1}{b} - \frac{a}{|x|} e^{|x|}. \quad (\text{B.3})$$

where a and b are dimensionless parameters which are defined as

$$a \equiv \frac{\dot{\phi}^2}{32\pi^2 f^4}, \quad b \equiv \frac{\pi\Lambda_b^8}{2f\dot{\phi}^2(\mu^3 - 2H\dot{\phi})}. \quad (\text{B.4})$$

Eq. (B.3) can be rewritten as

$$\begin{cases} (x - b)e^{x-b} = -abe^{-b} & (x < 0) \\ (b - x)e^{b-x} = -abe^b & (x > 0) \end{cases} \quad (\text{B.5})$$

which has the following solutions:

$$\begin{cases} x = b + W_{-1}(-abe^{-b}) & (b > 0) \\ x = b + W_0(-abe^{-b}) & (b < 0) \\ x = b - W_{-1}(-abe^b) & (0 < abe^b < e^{-1}) \\ x = b - W_0(-abe^b) & (0 < abe^b < e^{-1}) \end{cases} \quad (\text{B.6})$$

where W_0, W_{-1} are the two main branches of the Lambert function (product logarithm). The first two solutions have $x < 0$, the other two have $x > 0$. Formally, the first solution only exists for $a < 1$. By using the consistency condition of EFT, we can assume $\dot{\phi}^2 < 32\pi^2 f^4$, *i.e.*, $0 < a < 1$. In terms of the acceleration $\ddot{\phi}$, the analytic solutions of Eq. (B.1) are given as

$$\ddot{\phi}_1 = \begin{cases} -H\dot{\phi} + \frac{\pi\Lambda_b^8}{2f\dot{\phi}^2} [b + W_{-1}(-abe^{-b})]^{-1} & (b > 0) \\ -H\dot{\phi} + \frac{\pi\Lambda_b^8}{2f\dot{\phi}^2} [b + W_0(-abe^{-b})]^{-1} & (b < 0) \end{cases}, \quad (\text{B.7})$$

$$\ddot{\phi}_2 = -H\dot{\phi} + \frac{\pi\Lambda_b^8}{2f\dot{\phi}^2} [b - W_{-1}(-abe^b)]^{-1}, \quad (\text{B.8})$$

$$\ddot{\phi}_3 = -H\dot{\phi} + \frac{\pi\Lambda_b^8}{2f\dot{\phi}^2} [b - W_0(-abe^b)]^{-1}. \quad (\text{B.9})$$

Again, $\ddot{\phi}_2$ and $\ddot{\phi}_3$ exist only if $0 < abe^b < e^{-1}$. Moreover, $\ddot{\phi}_1 < -H\dot{\phi}$, and $-H\dot{\phi} < \ddot{\phi}_2 \leq \ddot{\phi}_3 < \mu^3 - 3H\dot{\phi}$ if they exist. The solution $\ddot{\phi}_1$ has two different representations for positive or negative b , but it is continuous in $\dot{\phi}$ at $\mu^3 - 2H\dot{\phi} = 0$ when b diverges. Finally, by looking at Eq. (B.1), one notices that $\ddot{\phi}_{1,2,3} < \mu^3 - 3H\dot{\phi}$, as it is expected since the particle production effect always takes away energy from the zero mode.

B.2 The condition not to have positive $\ddot{\phi}$ solution

In order to stop the axion rolling, the acceleration $\ddot{\phi}$ should always be negative. Before fragmentation starts, the field is only subject to the slope and Hubble friction,

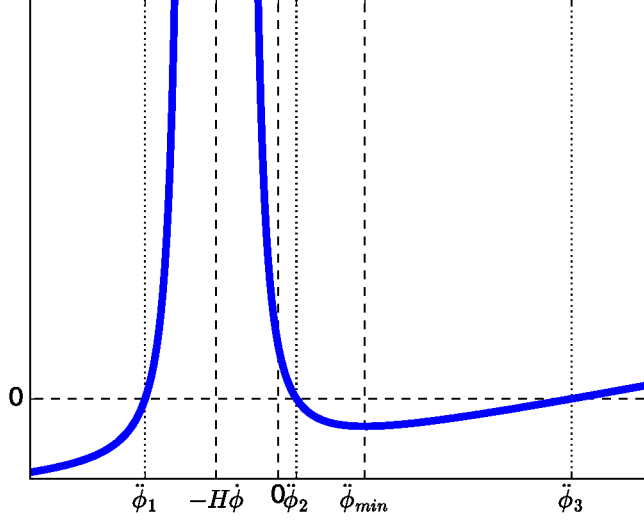


Figure 19. A typical behavior of $f(\dot{\phi}, \ddot{\phi})$ as a function of $\ddot{\phi}$.

$\ddot{\phi} = \mu^3 - 3H\dot{\phi}$. Let us start by deriving a condition not to have a solution $0 < \ddot{\phi} < \mu^3 - 3H\dot{\phi}$. Let us define $f(\dot{\phi}, \ddot{\phi})$ as

$$f(\dot{\phi}, \ddot{\phi}) \equiv \dot{\phi}\ddot{\phi} + 3H\dot{\phi}^2 - \mu^3\dot{\phi} + \frac{1}{32\pi^2 f^4} \dot{\phi}^3 |\ddot{\phi} + H\dot{\phi}| \exp\left(\frac{\pi\Lambda_b^8}{2f\dot{\phi}^2|\ddot{\phi} + H\dot{\phi}|}\right). \quad (\text{B.10})$$

Eq. (3.15) is equivalent to $f(\dot{\phi}, \ddot{\phi}) = 0$. We can easily see the following property of $f(\dot{\phi}, \ddot{\phi})$:

$$\frac{\partial^2 f}{\partial \ddot{\phi}^2} > 0, \quad (\text{B.11})$$

$$\lim_{\ddot{\phi} \rightarrow -\infty} \frac{\partial f}{\partial \ddot{\phi}} = \dot{\phi} - \frac{1}{32\pi^2 f^4} \dot{\phi}^3, \quad (\text{B.12})$$

$$\lim_{\ddot{\phi} \rightarrow (-H\dot{\phi})} f = +\infty, \quad (\text{B.13})$$

$$\lim_{\ddot{\phi} \rightarrow (-H\dot{\phi})^-} \frac{\partial f}{\partial \ddot{\phi}} = +\infty, \quad (\text{B.14})$$

$$\lim_{\ddot{\phi} \rightarrow (-H\dot{\phi})^+} \frac{\partial f}{\partial \ddot{\phi}} = -\infty, \quad (\text{B.15})$$

$$\lim_{\ddot{\phi} \rightarrow +\infty} \frac{\partial f}{\partial \ddot{\phi}} = \dot{\phi} + \frac{1}{32\pi^2 f^4} \dot{\phi}^3. \quad (\text{B.16})$$

The function $f(\dot{\phi}, \ddot{\phi})$ monotonously increases for $\ddot{\phi} < -H\dot{\phi}$ because of $\dot{\phi}^2/32\pi^2 f^4 < 1$. There exists one local minimum at $\ddot{\phi} = \ddot{\phi}_{\min} > -H\dot{\phi}$. A typical behavior of $f(\dot{\phi}, \ddot{\phi})$

is shown in Fig. 19. The solutions of $f(\dot{\phi}, \ddot{\phi}) = 0$ are classified depending on the sign of $\ddot{\phi}_{\min}(\dot{\phi})$, $f(\dot{\phi}, \ddot{\phi}_{\min}(\dot{\phi}))$, and $f(\dot{\phi}, 0)$, which are given as

$$\ddot{\phi}_{\min}(\dot{\phi}) = -H\dot{\phi} + \frac{\pi\Lambda_b^8}{2f\dot{\phi}^2} \left(1 + W_0 \left(\frac{32\pi^2 f^4}{e\dot{\phi}^2} \right) \right)^{-1}, \quad (\text{B.17})$$

$$f(\dot{\phi}, \ddot{\phi}_{\min}(\dot{\phi})) = 2H\dot{\phi}^2 - \mu^3\dot{\phi} + \frac{\pi\Lambda_b^8}{2f\dot{\phi}} \left(W_0 \left(\frac{32\pi^2 f^4}{e\dot{\phi}^2} \right) \right)^{-1}, \quad (\text{B.18})$$

$$f(\dot{\phi}, 0) = 3H\dot{\phi}^2 - \mu^3\dot{\phi} + \frac{1}{32\pi^2 f^4} H\dot{\phi}^4 \exp \left(\frac{\pi\Lambda_b^8}{2fH\dot{\phi}^3} \right). \quad (\text{B.19})$$

After having discussed the behaviour of the function f , it is clear that the equation $f(\dot{\phi}, \ddot{\phi}) = 0$ has up to three solutions, which correspond to $\ddot{\phi}_1, \ddot{\phi}_2, \ddot{\phi}_3$ of Eqs. (B.7-B.9). These are summarized in Tab. 1. We are interested in a situation in which the field is slow-down by fragmentation, thus we want to avoid solutions with $\ddot{\phi} > 0$. This condition, depending on the sign of $\ddot{\phi}_{\min}$, can be written as

$$f(\dot{\phi}, \ddot{\phi}_{\min}) > 0 \quad \text{for} \quad \ddot{\phi}_{\min} > 0, \quad (\text{B.20})$$

$$f(\dot{\phi}, 0) > 0 \quad \text{for} \quad \ddot{\phi}_{\min} < 0. \quad (\text{B.21})$$

Equations (B.20, B.21) cover, respectively, a situation in which the solution $\ddot{\phi}_{2,3}$ do not exist and one in which they do exist but they are negative. It is convenient to rewrite this condition as an upperbound on μ^3 :

$$\mu^3 < \begin{cases} \mu_1^3 & (H < H_{\dot{\phi}}) \\ \mu_2^3 & (H \geq H_{\dot{\phi}}) \end{cases} \quad (\text{B.22})$$

where we have defined

$$H_{\dot{\phi}} \equiv \frac{\pi\Lambda_b^8}{2f\dot{\phi}^3} \left(1 + W_0 \left(\frac{32\pi^2 f^4}{e\dot{\phi}^2} \right) \right)^{-1}, \quad (\text{B.23})$$

$$\mu_1^3 \equiv 2H\dot{\phi} + \frac{\pi\Lambda_b^8}{2f\dot{\phi}^2} \left(W_0 \left(\frac{32\pi^2 f^4}{e\dot{\phi}^2} \right) \right)^{-1}, \quad (\text{B.24})$$

$$\mu_2^3 \equiv 3H\dot{\phi} + \frac{H\dot{\phi}^3}{32\pi^2 f^4} \exp \left(\frac{\pi\Lambda_b^8}{2fH\dot{\phi}^3} \right). \quad (\text{B.25})$$

Note that $\ddot{\phi}_{\min} \leq 0$ corresponds to $H \geq H_{\dot{\phi}}$, $\mu^3 \leq \mu_1^3$ corresponds to $f(\dot{\phi}, \ddot{\phi}_{\min}(\dot{\phi})) \geq 0$, and $\mu^3 \leq \mu_2^3$ corresponds to $f(\dot{\phi}, 0) \geq 0$. Moreover, $\mu_1^3 = \mu_2^3$ for $H = H_{\dot{\phi}}$. Figure 20 shows the parameter region which is excluded by the condition Eq. (B.22). $H_{\dot{\phi}}$ is a

$f(\dot{\phi}, \ddot{\phi}_{\min}) > 0$	$\ddot{\phi}_1 < -H\dot{\phi}$ ($\ddot{\phi}_2, \ddot{\phi}_3$ do not exist.)
$f(\dot{\phi}, \dot{\phi}_{\min}) < 0, f(\dot{\phi}, 0) < 0$	$\dot{\phi}_1 < -H\dot{\phi} < \dot{\phi}_2 < 0 < \dot{\phi}_3$
$f(\dot{\phi}, \ddot{\phi}_{\min}) < 0, f(\dot{\phi}, 0) > 0, \ddot{\phi}_{\min} > 0$	$\ddot{\phi}_1 < -H\dot{\phi} < 0 < \ddot{\phi}_2 < \ddot{\phi}_3$
$f(\dot{\phi}, \dot{\phi}_{\min}) < 0, f(\dot{\phi}, 0) > 0, \dot{\phi}_{\min} < 0$	$\dot{\phi}_1 < -H\dot{\phi} < \dot{\phi}_2 < \dot{\phi}_3 < 0$

Table 1. Solutions of $f(\dot{\phi}, \ddot{\phi}) = 0$ for given $\dot{\phi}$ and their classification. Note that $f(\dot{\phi}, \ddot{\phi}_{\min}(\dot{\phi})) > 0$ is equivalent to $0 < abe^b < e^{-1}$.

monotonously decreasing function of $\dot{\phi}$; thus, Eq. (B.22) are equivalent to

$$\mu^3 < \begin{cases} \mu_1^3 & (\dot{\phi} < \dot{\phi}_H) \\ \mu_2^3 & (\dot{\phi} \geq \dot{\phi}_H) \end{cases} \quad (\text{B.26})$$

Here $\dot{\phi}_H$ is defined as the solution of $H = (\pi\Lambda_b^8/2f\dot{\phi}_H^3)(1 + W_0(32\pi^2f^4/e\dot{\phi}_H^2))^{-1}$, so that $\dot{\phi} = \dot{\phi}_H$ is equivalent to $H = H_{\dot{\phi}}$, and it is explicitly written as

$$\dot{\phi}_H = \left(\frac{\pi\Lambda_b^8}{2fH}\right)^{1/3} h\left(\frac{\pi\Lambda_b^8}{f^7H}\right), \quad (\text{B.27})$$

where $h(y) \sim \mathcal{O}(1)$ satisfies

$$h^3(y) \left[1 + W_0\left(\frac{32\pi^2}{e^{2-2/3}y^{2/3}h^2(y)}\right)\right] = 1. \quad (\text{B.28})$$

The numerical value of $h(y)$ is shown in Fig. 21.

B.3 The stopping condition

Before fragmentation is active, $\ddot{\phi} \approx \mu^3 - 3H\dot{\phi}$. This is not a solution of Eq. (B.1), and does not result as the $\Lambda_b \rightarrow 0$ limit of $\ddot{\phi}_{1,2,3}$. The failure of $\ddot{\phi}_{1,2,3}$ to reproduce this initial condition is due to our assumption Eq. (A.24), which gives a minimal value of Λ_b (and thus a minimal efficiency of the fragmentation effect) below which our calculation is not reliable. Still, in this regime, we can assume that $\ddot{\phi}$ varies continuously. When fragmentation turns on and Eq. (B.1) becomes valid, $\ddot{\phi}$ will smoothly decrease from its initial value until it reaches one of the solutions in Eqs. (B.7-B.9), and it will stick to it for the rest of the evolution. In order to understand the behaviour during this phase, it is also useful to notice that, if $f(\dot{\phi}, \ddot{\phi}) > 0$, $\ddot{\phi}$ will decrease. Oppositely, if $f(\dot{\phi}, \ddot{\phi}) < 0$, $\ddot{\phi}$ will increase. Hence, $\ddot{\phi}_1$ is a stable solution, as well as $\ddot{\phi}_3$ (if it exists). On the contrary, $\ddot{\phi}_2$, if it exists, is an unstable solution.

Let us now discuss the necessary and sufficient conditions in order to guarantee that the field slows-down until it stops. The conditions in Eqs. (B.20, B.21), or

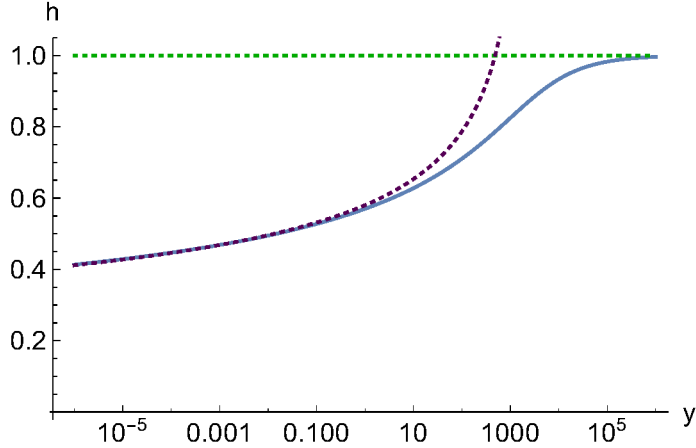


Figure 21. The function $h(y)$ as the solution of Eq. (B.28) is shown as a solid line. The green and purple dotted lines correspond to 1 and $(3/\log(98304\pi^6/e^3y^2))^{1/3}$, and show the behaviour of $h(y)$ for small and large y , respectively.

acceleration decreases from the initial value $\mu^3 - 3H\dot{\phi}_0$ until it reaches $\ddot{\phi}_3$, because $\ddot{\phi}_1 < \ddot{\phi}_2 \leq \ddot{\phi}_3 < \mu^3 - 3H\dot{\phi}_0$. Following the discussion in Sec. B.2, the solution $\ddot{\phi}_3$ exists and is negative if both $\mu_1^3 < \mu^3 < \mu_2^3$ and $\dot{\phi} > \dot{\phi}_H$ are satisfied. In this case, the field starts to decelerate. As $\dot{\phi}$ decreases, $\ddot{\phi}$ changes continuously and $\ddot{\phi} = \ddot{\phi}_3(\dot{\phi})$ is always satisfied. However, $\ddot{\phi}_3$ is not always negative, and in particular, $\ddot{\phi}_3(\dot{\phi}_H) > 0$, since, as we discussed below the definitions Eqs. (B.23, B.24, B.25), $\ddot{\phi}_{\min} = 0$ for $\dot{\phi} = \dot{\phi}_H$, and $\ddot{\phi}_3 > \ddot{\phi}_{\min}$.⁸ This means that there exists a velocity such that $\ddot{\phi}_3 = 0$ for $\dot{\phi}_H < \dot{\phi} < \dot{\phi}_0$. (For an existence condition of $\ddot{\phi} = 0$ solution, see also the Appendix B.4.) If the axion evolution is governed by the solution $\ddot{\phi}_3$, the field will approach that constant velocity, and its rolling cannot be stopped. Thus, in order to stop the axion rolling, we need to assume that the solutions $\ddot{\phi}_{2,3}$ do not exist, *i.e.*, that

$$\mu^3 < \mu_1^3(\dot{\phi}_0). \quad (\text{B.30})$$

To conclude this section, let us show a numerical example that supports the analytical discussion above. In Fig. 23, we show $\ddot{\phi}_1$, $\ddot{\phi}_2$, and $\ddot{\phi}_3$ as a function of $\dot{\phi}$. We take $f = 10^3$, $H = 10^{-7}$, and $\mu^3 = 3 \times 10^{-6}$ in units of $\Lambda_b = 1$. In this example, $\ddot{\phi}$ at the beginning of fragmentation becomes $\ddot{\phi}_3$ if $6 \lesssim \dot{\phi}_0/\Lambda_b^2 \lesssim 13$, and $\ddot{\phi}_1$ if $\dot{\phi}_0/\Lambda_b^2 \gtrsim 13$. In Fig. 24, we show the time evolution of $\dot{\phi}$ for $\dot{\phi}_0 = 12\Lambda_b^2$ and $20\Lambda_b^2$. The numerical result is consistent with $\ddot{\phi} = \ddot{\phi}_3$ for $\dot{\phi}_0 = 12\Lambda_b^2$, and $\ddot{\phi} = \ddot{\phi}_1$ for $\dot{\phi}_0 = 20\Lambda_b^2$, confirming our understanding.

⁸Alternatively, by using the definition Eqs. (B.23, B.24, B.25), one can show that μ_1^3 takes its minimum at $\dot{\phi} = \dot{\phi}_H$, and then, $\mu_1^3(\dot{\phi}_H) \leq \mu_1^3(\dot{\phi}_0)$. Also, we can show $\mu_1^3(\dot{\phi}_H) = \mu_2^3(\dot{\phi}_H)$. Thus, $\mu_2^3(\dot{\phi}_H) < \mu^2$ holds and $\ddot{\phi}_3$ for $\dot{\phi} = \dot{\phi}_H$ is positive. This is depicted in Fig. 22, which shows that for $\dot{\phi} = \dot{\phi}_H$ μ_1^3 and μ_2^3 coincide, leaving space only for positive $\dot{\phi}_3$.

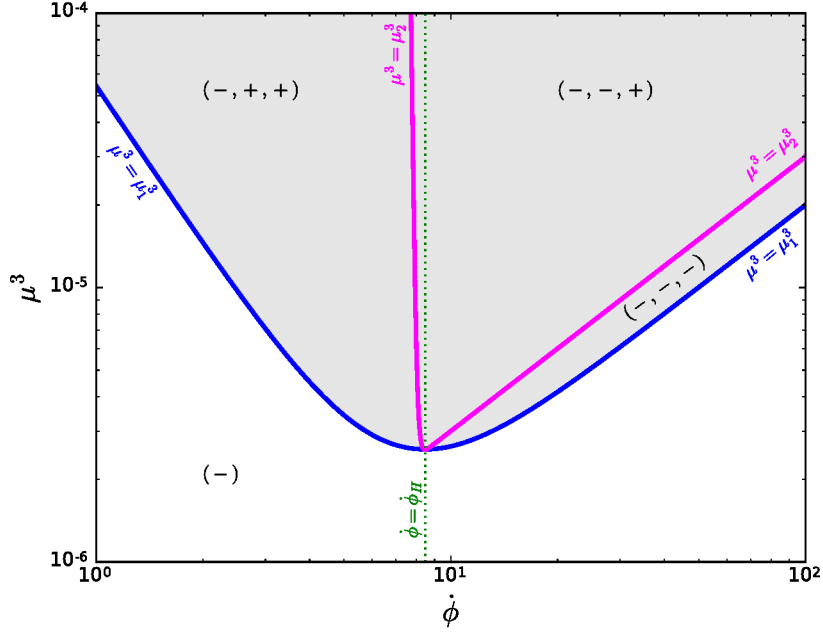


Figure 22. μ_1^3 (the blue line) and μ_2^3 (the magenta line) are shown as a function of $\dot{\phi}$. Here we take $f = 10^3$ and $H = 10^{-7}$ in the unit of $\Lambda_b = 1$. $(-)$, $(-, +, +)$, $(-, -, +)$, and $(-, -, -)$ are same as Fig. 20. The gray region does not satisfy Eq. (B.30).

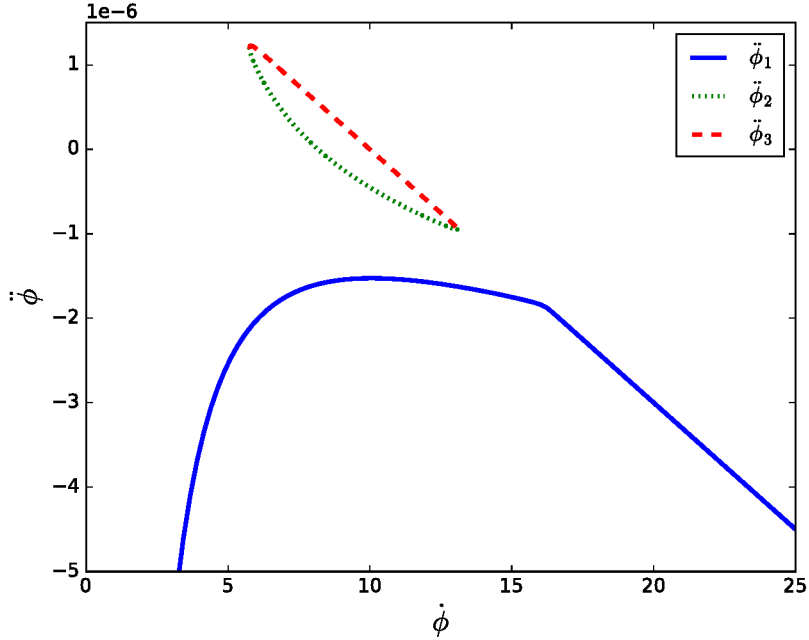


Figure 23. $\ddot{\phi}$ as a function of $\dot{\phi}$. Here we take $f = 10^3$, $H = 10^{-7}$, and $\mu^3 = 3 \times 10^{-6}$ in the unit of $\Lambda_b = 1$.

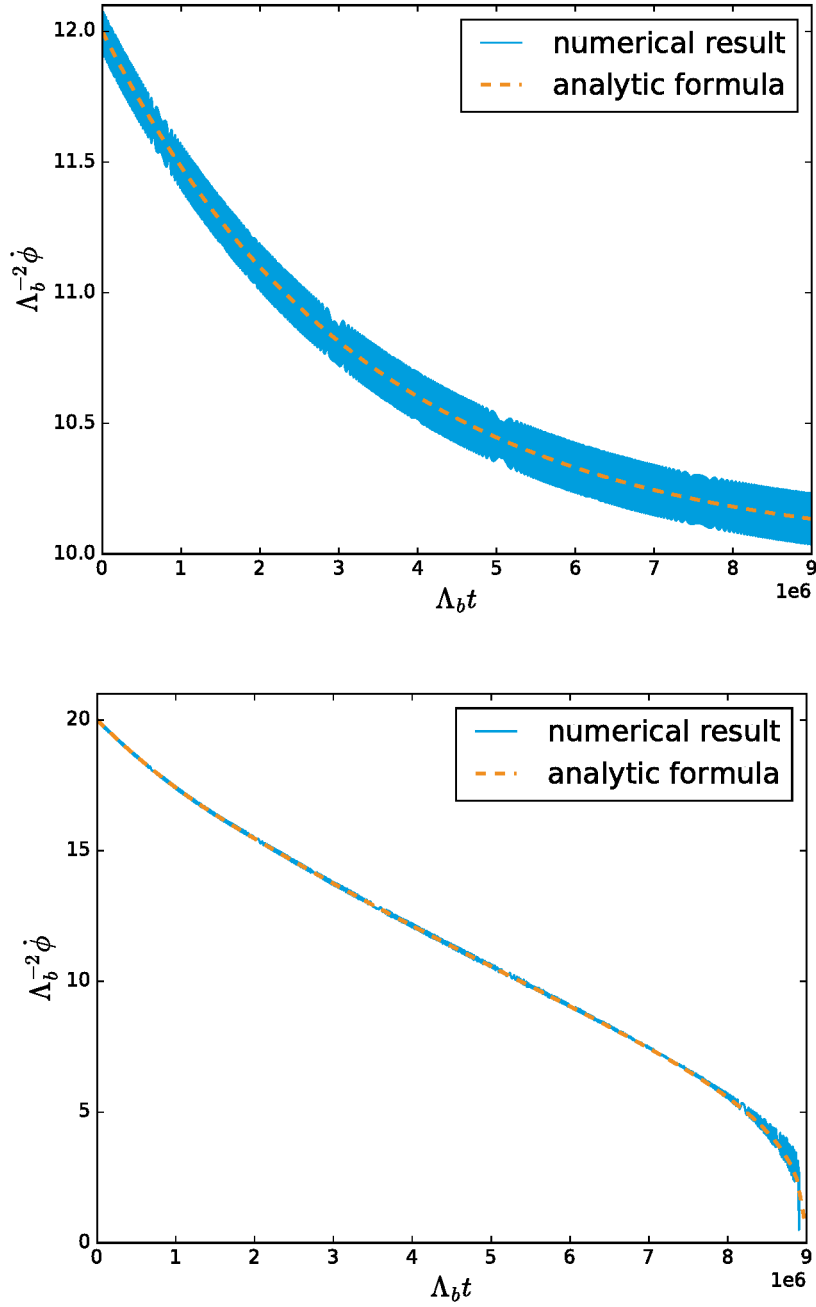


Figure 24. Time evolution of $\dot{\phi}$. Here we take $f = 10^3$, $H = 10^{-7}$, and $\mu^3 = 3 \times 10^{-6}$ in the unit of $\Lambda_b = 1$. Also, we take $\dot{\phi}_0 = 12\Lambda_b^2$ in the upper panel and $20\Lambda_b^2$ in the lower panel. The blue lines are results of numerical calculations. The orange lines are obtained by integrating $\ddot{\phi}_3$ in the upper panel and $\ddot{\phi}_1$ in the lower panel.

B.4 Modified slow roll velocity

If fragmentation is neglected, and for a sufficiently slow variation of the Hubble constant, the field evolves with the usual slow-roll velocity $\dot{\phi}_{\text{SR}} \equiv \mu^3/3H$. It is apparent from Eq. (B.1) that, due to fragmentation, $\ddot{\phi}$ is negative when $\dot{\phi} = \dot{\phi}_{\text{SR}}$. Therefore, we want to look for a constant velocity solution with $f(\dot{\phi}, 0) = 0$. If this exists, we can define a modified slow roll velocity $\dot{\phi}_{\text{SR}(\text{frag})}$, the value of which is smaller than $\dot{\phi}_{\text{SR}}$.

First, let us discuss the existence condition of the solution of $f(\dot{\phi}, 0) = 0$. Let us define $\zeta \equiv \dot{\phi}/\dot{\phi}_{\text{SR}} > 0$. Then, we can rewrite $f(\dot{\phi}, 0)$ as

$$-\frac{3H}{\mu^6} f(\dot{\phi}, 0) = \zeta - \zeta^2 - \frac{\dot{\phi}_{\text{SR}}^2}{96\pi^2 f^4} \zeta^4 \exp\left(\frac{\pi\Lambda_b^8}{2fH\dot{\phi}_{\text{SR}}^3} \frac{1}{\zeta^3}\right). \quad (\text{B.31})$$

For given $\dot{\phi}_{\text{SR}}$, f , and Λ_b , there exists a critical value of the Hubble expansion rate H_{cr} , such that $f(\dot{\phi}, 0) = 0$ has two solution if $H > H_{\text{cr}}$, one solution if $H = H_{\text{cr}}$, and no solution if $H < H_{\text{cr}}$. If $\dot{\phi}_{\text{SR}(\text{frag})} < \dot{\phi}$, $f(\dot{\phi}, 0) = 0$ should not have solution to stop the axion. The velocity should satisfy $\dot{\phi} < f^2$ because of the consistency of the EFT, and the non-existence of the solution of $f(\dot{\phi}, 0) = 0$ is relevant only if $\dot{\phi}_{\text{SR}} < f$. Thus, we treat $\dot{\phi}_{\text{SR}}^2/32\pi^2 f^4$ as a small parameter. In this case, the solution of ζ with $H = H_{\text{cr}}$ is close to 1. Then, we approximate $f(\dot{\phi}, 0)$ around $\zeta \simeq 1$ as

$$-\frac{3H}{\mu^6} f(\dot{\phi}, 0) \simeq 1 - \zeta - \frac{\dot{\phi}_{\text{SR}}^2}{96\pi^2 f^4} \exp\left(\frac{\pi\Lambda_b^8}{2fH\dot{\phi}_{\text{SR}}^3} (1 + 3(1 - \zeta))\right). \quad (\text{B.32})$$

By solving $f(\dot{\phi}, 0) = 0$ and $(\partial f/\partial \dot{\phi})(\dot{\phi}, 0) = 0$ simultaneously, we obtain

$$\frac{\dot{\phi}_{\text{SR}(\text{frag})}}{\dot{\phi}_{\text{SR}}} \simeq 1 - \frac{1}{3} \left(W_0 \left(\frac{32\pi^2 f^4}{e\dot{\phi}_{\text{SR}}^2} \right) \right)^{-1}, \quad H_{\text{cr}} \simeq \frac{\pi\Lambda_b^8}{2f\dot{\phi}_{\text{SR}}^3} \left(W_0 \left(\frac{32\pi^2 f^4}{e\dot{\phi}_{\text{SR}}^2} \right) \right)^{-1}. \quad (\text{B.33})$$

Therefore, for given slow roll velocity $\dot{\phi}_{\text{SR}}$, there is no solution of $f(\dot{\phi}, 0) = 0$ if $H < H_{\text{cr}}$. When there exist two solution for $f(\dot{\phi}, 0) = 0$, smaller solution is unstable solution, *i.e.*, $d\ddot{\phi}/d\dot{\phi} > 0$. Thus, larger solution is stable and this can be regarded the modified slow roll velocity, which is given by

$$\frac{\dot{\phi}_{\text{SR}(\text{frag})}}{\dot{\phi}_{\text{SR}}} \simeq 1 + \frac{2fH\dot{\phi}_{\text{SR}}^3}{3\pi\Lambda_b^8} W \left(-\frac{\pi\Lambda_b^8}{64\pi^2 f^5 H \dot{\phi}_{\text{SR}}} \exp\left(\frac{\pi\Lambda_b^8}{2fH\dot{\phi}_{\text{SR}}^3}\right) \right). \quad (\text{B.34})$$

References

- [1] P. Svrcek and E. Witten, *Axions In String Theory*, *JHEP* **06** (2006) 051 [[hep-th/0605206](#)].
- [2] A. Arvanitaki, S. Dimopoulos, S. Dubovsky, N. Kaloper and J. March-Russell, *String Axiverse*, *Phys. Rev.* **D81** (2010) 123530 [[0905.4720](#)].
- [3] J. Preskill, M. B. Wise and F. Wilczek, *Cosmology of the Invisible Axion*, *Phys. Lett.* **120B** (1983) 127.
- [4] L. F. Abbott and P. Sikivie, *A Cosmological Bound on the Invisible Axion*, *Phys. Lett.* **120B** (1983) 133.
- [5] M. Dine and W. Fischler, *The Not So Harmless Axion*, *Phys. Lett.* **120B** (1983) 137.
- [6] E. Pajer and M. Peloso, *A review of Axion Inflation in the era of Planck*, *Class. Quant. Grav.* **30** (2013) 214002 [[1305.3557](#)].
- [7] V. Domcke, Y. Ema and K. Mukaida, *Chiral Anomaly, Schwinger Effect, Euler-Heisenberg Lagrangian, and application to axion inflation*, [1910.01205](#).
- [8] G. Servant, *Baryogenesis from Strong CP Violation and the QCD Axion*, *Phys. Rev. Lett.* **113** (2014) 171803 [[1407.0030](#)].
- [9] V. Domcke, B. von Harling, E. Morgante and K. Mukaida, *Baryogenesis from axion inflation*, *JCAP* **1910** (2019) 032 [[1905.13318](#)].
- [10] F. Wilczek, *Problem of Strong P and T Invariance in the Presence of Instantons*, *Phys. Rev. Lett.* **40** (1978) 279.
- [11] R. D. Peccei and H. R. Quinn, *CP Conservation in the Presence of Instantons*, *Phys. Rev. Lett.* **38** (1977) 1440.
- [12] D. J. E. Marsh, *Axion Cosmology*, *Phys. Rept.* **643** (2016) 1 [[1510.07633](#)].
- [13] I. G. Irastorza and J. Redondo, *New experimental approaches in the search for axion-like particles*, *Prog. Part. Nucl. Phys.* **102** (2018) 89 [[1801.08127](#)].
- [14] P. B. Greene, L. Kofman and A. A. Starobinsky, *Sine-Gordon parametric resonance*, *Nucl. Phys.* **B543** (1999) 423 [[hep-ph/9808477](#)].
- [15] A. Arvanitaki, S. Dimopoulos, M. Galanis, L. Lehner, J. O. Thompson and K. Van Tilburg, *The Large-Misalignment Mechanism for the Formation of Compact Axion Structures: Signatures from the QCD Axion to Fuzzy Dark Matter*, [1909.11665](#).
- [16] R. T. Co, E. Gonzalez and K. Harigaya, *Axion Misalignment Driven to the Hilltop*, *JHEP* **05** (2019) 163 [[1812.11192](#)].
- [17] B. Freivogel, *Anthropic Explanation of the Dark Matter Abundance*, *JCAP* **1003** (2010) 021 [[0810.0703](#)].
- [18] P. W. Graham, D. E. Kaplan and S. Rajendran, *Cosmological Relaxation of the Electroweak Scale*, *Phys. Rev. Lett.* **115** (2015) 221801 [[1504.07551](#)].

- [19] L. McAllister, E. Silverstein and A. Westphal, *Gravity Waves and Linear Inflation from Axion Monodromy*, *Phys. Rev.* **D82** (2010) 046003 [0808.0706].
- [20] R. Flauger, L. McAllister, E. Pajer, A. Westphal and G. Xu, *Oscillations in the CMB from Axion Monodromy Inflation*, *JCAP* **1006** (2010) 009 [0907.2916].
- [21] J. Jaeckel, V. M. Mehta and L. T. Witkowski, *Monodromy Dark Matter*, *JCAP* **1701** (2017) 036 [1605.01367].
- [22] J. Berges, A. Chatrchyan and J. Jaeckel, *Foamy Dark Matter from Monodromies*, *JCAP* **1908** (2019) 020 [1903.03116].
- [23] M. P. Hertzberg, *Quantum Radiation of Oscillons*, *Phys. Rev.* **D82** (2010) 045022 [1003.3459].
- [24] M. A. Amin, *Inflaton fragmentation: Emergence of pseudo-stable inflaton lumps (oscillons) after inflation*, [1006.3075](#).
- [25] M. A. Amin, R. Easther and H. Finkel, *Inflaton Fragmentation and Oscillon Formation in Three Dimensions*, *JCAP* **1012** (2010) 001 [1009.2505].
- [26] S. Antusch, F. Cefala, S. Krippendorff, F. Muia, S. Orani and F. Quevedo, *Oscillons from String Moduli*, *JHEP* **01** (2018) 083 [1708.08922].
- [27] J. Ollé, O. Pujolàs and F. Rompineve, *Oscillons and Dark Matter*, [1906.06352](#).
- [28] A. D. Dolgov and D. P. Kirilova, *ON PARTICLE CREATION BY A TIME DEPENDENT SCALAR FIELD*, *Sov. J. Nucl. Phys.* **51** (1990) 172.
- [29] J. H. Traschen and R. H. Brandenberger, *Particle Production During Out-of-equilibrium Phase Transitions*, *Phys. Rev.* **D42** (1990) 2491.
- [30] L. Kofman, A. D. Linde and A. A. Starobinsky, *Reheating after inflation*, *Phys. Rev. Lett.* **73** (1994) 3195 [hep-th/9405187].
- [31] Y. Shtanov, J. H. Traschen and R. H. Brandenberger, *Universe reheating after inflation*, *Phys. Rev.* **D51** (1995) 5438 [hep-ph/9407247].
- [32] L. Kofman, A. D. Linde and A. A. Starobinsky, *Towards the theory of reheating after inflation*, *Phys. Rev.* **D56** (1997) 3258 [hep-ph/9704452].
- [33] A. Hook and G. Marques-Tavares, *Relaxation from particle production*, *JHEP* **12** (2016) 101 [1607.01786].
- [34] K. Choi, H. Kim and T. Sekiguchi, *Dynamics of the cosmological relaxation after reheating*, *Phys. Rev.* **D95** (2017) 075008 [1611.08569].
- [35] W. Tangarife, K. Tobioka, L. Ubaldi and T. Volansky, *Relaxed Inflation*, [1706.00438](#).
- [36] W. Tangarife, K. Tobioka, L. Ubaldi and T. Volansky, *Dynamics of Relaxed Inflation*, *JHEP* **02** (2018) 084 [1706.03072].
- [37] O. Matsedonskyi and M. Montull, *Light Higgs Boson from a Pole Attractor*, *Phys. Rev.* **D98** (2018) 015026 [1709.09090].

- [38] N. Fonseca, E. Morgante and G. Servant, *Higgs relaxation after inflation*, *JHEP* **10** (2018) 020 [[1805.04543](#)].
- [39] N. Fonseca and E. Morgante, *Relaxion Dark Matter*, *Phys. Rev.* **D100** (2019) 055010 [[1809.04534](#)].
- [40] M. Ibe, Y. Shoji and M. Suzuki, *Fast-Rolling Relaxion*, [1904.02545](#).
- [41] K. Kadota, U. Min, M. Son and F. Ye, *Cosmological Relaxion from Dark Fermion Production*, [1909.07706](#).
- [42] N. Fonseca, E. Morgante, R. Sato and G. Servant, *Relaxion Fluctuations (Self-stopping relaxion) and Overview of Relaxion Stopping Mechanisms*, to appear .
- [43] N. McLachlan, *Theory and Applications of Mathieu Functions*. Oxford Univ. Press, Clarendon, 1947.
- [44] See *e.g.*, Fig. 8 (A) of [[43](#)] and Sec. IV of [[32](#)].
- [45] I. Kovacic, R. Rand and S. M. Sah, *Mathieu's equation and its generalizations: Overview of stability charts and their features*, *Applied Mechanics Reviews* **70** (2018) 020802.
- [46] N. Arkani-Hamed, S. Dubovsky, A. Nicolis, E. Trincherini and G. Villadoro, *A Measure of de Sitter entropy and eternal inflation*, *JHEP* **05** (2007) 055 [[0704.1814](#)].
- [47] S. Di Chiara, K. Kannike, L. Marzola, A. Racioppi, M. Raidal and C. Spethmann, *Relaxion Cosmology and the Price of Fine-Tuning*, *Phys. Rev.* **D93** (2016) 103527 [[1511.02858](#)].