

# Myoanatomy of the velvet worm leg revealed by laboratory-based nanofocus X-ray source tomography

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**X-ray computed tomography (CT) is a powerful noninvasive technique for investigating the inner structure of objects and organisms. However, the resolution of laboratory CT systems is typically limited to the micrometer range. In this paper, we present a table-top nanoCT system in conjunction with standard processing tools that is able to routinely reach resolutions down to 100 nm without using X-ray optics. We demonstrate its potential for biological investigations by imaging a walking appendage of *Euperipatoides rowelli*, a representative of Onychophora—an invertebrate group pivotal for understanding animal evolution. Comparative analyses proved that the nanoCT can depict the external morphology of the limb with an image quality similar to scanning electron microscopy, while simultaneously visualizing internal muscular structures at higher resolutions than confocal laser scanning microscopy. The obtained nanoCT data revealed hitherto unknown aspects of the onychophoran limb musculature, enabling the 3D reconstruction of individual muscle fibers, which was previously impossible using any laboratory-based imaging technique.**

X-ray nanoCT imaging | biological imaging | Onychophora | 3D reconstruction | Peripatopsidae

**X**-ray computed tomography (CT) (1) imaging allows the noninvasive visualization and 3D reconstruction of internal structures of an object or organism based on the distribution of its attenuation coefficient. Therefore, the method became very popular in different fields such as medical diagnostics, industrial testing, and scientific research. Over the years, the increasing demand for higher resolutions in X-ray CT created an emerging research field known as X-ray microCT imaging ( $\mu$ CT).

So far, exploring CT imaging at resolutions as high as a few nanometers required highly brilliant X-rays, which could only be generated by synchrotron facilities (2–4). Differently, CT devices designed for laboratories were limited to resolutions on a micrometer scale for several years, mainly due to limitations associated with the spot size of the X-ray sources available. More recently, this resolution constraint has been overcome by different approaches. Commercially available table-top devices using rotating anode generators at 8 keV combined with X-ray optics can acquire CT data at resolutions below 100 nm (5–7). Likewise, similar X-ray spot sizes can be created by pointing a highly focused electron beam at a suitable metal target, for example by using a scanning electron microscope (8, 9) or an electron probe microanalyzer (10). While these devices can achieve 2D resolutions below 100 nm (11, 12), CT imaging at comparable resolutions has not yet been demonstrated with such a system.

For conventional X-ray sources, however, the limited resolution was improved by developing X-ray tubes with advanced electron optics and thin transmission targets: the so-called nanofocus

tubes. So far, commercially available nanoCT devices based on transmission tubes (6, 13–15) as well as custom-built setups (16) have remained limited to resolutions around 400 nm (16). In this paper we introduce a table-top nanoCT system that combines a prototype nanofocus source and a single-photon counting detector. The system is based on the principle of geometrical magnification and is able to perform CT scans at higher resolutions ( $\approx 100$  nm) than any other CT system based on the same principle. Compared with devices using X-ray optics (5–7), our nanoCT offers several advantages, such as shorter acquisition times, lower costs, a larger field of view (FOV), and a more flexible energy range.

Their high resolving power combined with their ability to provide 3D information in a nondestructive manner renders nanoCT systems very attractive for many fields, in particular for biological sciences. There, the nanoCT system will allow one to generate a wealth of new data from samples that have remained poorly investigated thus far because of their rarity and/or small size together with the destructive nature of the methods required to investigate them.

To demonstrate the potential applications of the nanoCT for biological investigations, we studied a representative of

## Significance

**X-ray computed tomography (CT) imaging has become popular for investigating, nondestructively and three-dimensionally, both external and internal structures of various specimens. However, the limited resolution of conventional laboratory-based CT systems ( $>500$  nm) still hampers the detailed visualization of features on the low nanometer level. We present a laboratory CT device and data processing pipeline to routinely and efficiently generate high-resolution 3D data ( $\approx 100$  nm) without requiring synchrotron radiation facilities. Our setup is especially relevant for conducting detailed analysis of very small biological samples, as demonstrated for a walking appendage of a velvet worm. Comparative analyses of our CT data with those obtained from other popular imaging methods highlight the advantages and future applicability of the nanoCT setup.**

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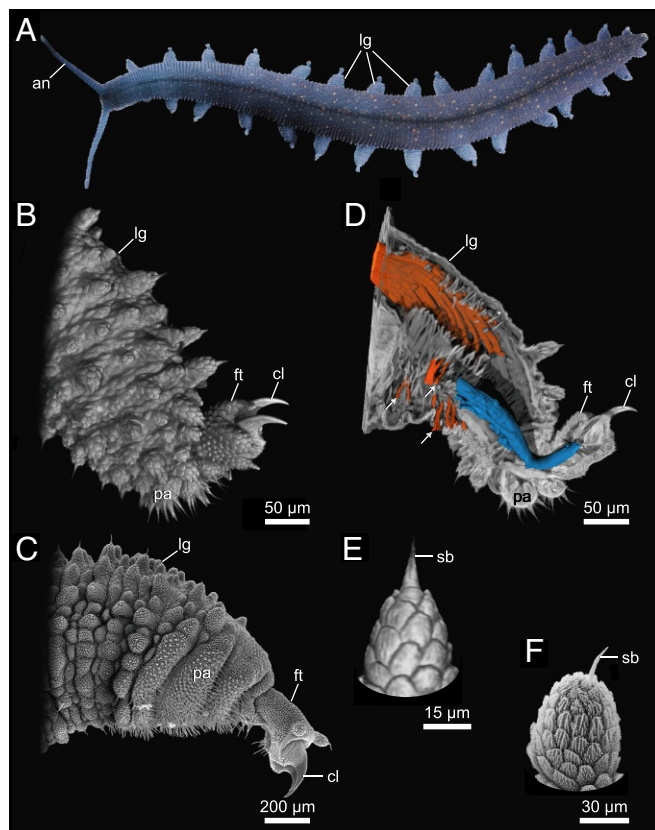
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**Fig. 2.** The onychophoran limb anatomy. Photograph (A), nanoCT volume renderings (B, D, and E), and scanning electron micrographs (C and F) of the onychophoran species *E. rowelli*. Note that the detail visibility obtained in the volume rendering of nanoCT data from a newborn specimen (B and E) is comparable to that from scanning electron microscopy of an adult specimen (C and F). (A) Overview of a 5-cm-long living specimen walking. Note the repeated arrangement of the legs along the anteroposterior body axis. (B and C) External anatomy of the leg. (D) Digital sagittal section through the same leg as in B showing the leg musculature. The claw retractor muscle is segmented in blue and the leg remotor in orange. Note that this technique allows us to reconstruct single muscle fibers in detail (arrows). (E and F) Detail of a primary papilla of the leg. an, antenna; cl, claw; ft, foot; lg, leg; pa, spinous pad; sb, sensorial bristle.

400 nm, the limb selected for nanoCT imaging was substantially smaller than the sample analyzed using SEM (see scale bars in Fig. 2 B and C) and a complete nanoCT reconstruction of this structure could only be achieved by combining several separate volumes.

Despite the smaller size of the sample, the resolution of our nanoCT data clearly allows detailed 3D volume reconstructions (Fig. 2 B and E) comparable to SEM images (Fig. 2 C and F). All structures associated with the onychophoran limb, including dermal papillae, ventral spinous pads, and a terminal foot equipped with a pair of claws (Fig. 2C), can be clearly identified in our 3D volume rendering (Fig. 2B). The numerous microscyles covering the foot and dermal papillae could be also clearly visualized, as well as the fine sensorial bristles on the spinous pads (cf. Fig. 2 B, C, E, and F). Nevertheless, the fine texture of single scales, which is evident in SEM images, could not be retrieved with the same level of detail in our nanoCT data (Fig. 2 E and F).

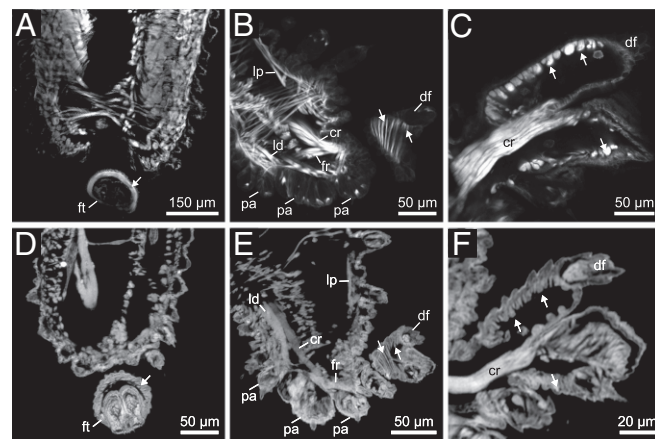
**Comparison with CLSM Data.** While the usefulness of SEM techniques is limited to the examination of external features, the nanoCT data further provide relevant insights into the internal structure of the *E. rowelli* limb, particularly regarding the complex and poorly understood musculature of the leg, foot, and

claws (Figs. 2D and 3 D–F and Movie S1). To demonstrate the potential of the nanoCT setup for exploring these internal features, we compared our data with corresponding CLSM images obtained from vibratome sections of legs specifically labeled with phalloidin rhodamine for muscular visualization (Fig. 3 A–F). As for the SEM, the CLSM images were obtained from legs substantially larger than the leg used for the nanoCT analyses. Nevertheless, our findings show that the nanoCT dataset is able to reproduce the results of the CLSM analyses with similar or higher level of detail (Fig. 3 A–F).

Our analyses revealed hitherto unclear details of the leg and foot musculature. The foot shows prominent circular muscle fibers that, despite being single-layered, form a dense musculature in the dorsolateral region of the foot (arrows in Fig. 3 A–F). The precise anatomical position, attachment sites, and the orientation of muscle fibers in more conspicuous muscles are also revealed by our nanoCT data. This holds true for the claw retractor, leg depressor, leg promotor, and foot retractor muscles (Fig. 3 B, C, E, and F). While all these anatomical details could be observed in both nanoCT and CLSM datasets, the nanoCT data allowed the reconstruction and segmentation of individual muscles in 3D, such as the claw retractor (blue in Fig. 2D), or single muscle fibers that compose them (arrows in Fig. 2D and Movie S1). By contrast, we were unable to perform the same reconstruction based on the CLSM data because of the intrinsic limitations of this method, such as the necessity of sectioning the limb before scanning and the nonisotropic voxel size obtained in different scans.

## Discussion

In the present work we introduce a nanoCT setup that, besides being a device suitable for any laboratory, can perform high-resolution scans within short acquisition times. Our nanoCT system can achieve in-plane resolutions down to 100 nm in CT images, which is the highest resolving power demonstrated thus far for a laboratory CT setup without X-ray optics. The capacity of our nanotube to create smaller X-ray spots than comparable devices is the main factor behind the superior resolution



**Fig. 3.** Myoanatomy of the onychophoran leg. Confocal laser scanning micrographs from vibratome sections labeled for f-actin in *Principapillatus hitoyensis* (A) and *E. rowelli* (B and C) compared with the corresponding nanoCT images in *E. rowelli* (D–F). Proximal is up in A and D and left in B, C, E, and F. Arrows point to the circular musculature of the foot. Note that the single 3D dataset acquired with the nanoCT allows a direct comparison with the CLSM data obtained from several vibratome sections in different perspectives. (A and D) Leg in horizontal section. (B and E) Leg in sagittal section. (C and F) Foot in median sagittal section. cr, claw retractor muscle; df, distal foot papilla; fr, foot retractor muscle; ft, foot; ld, anterior leg depressor muscle; lp, leg promotor muscle; pa, spinous pad.

of our setup. The images of the resolution pattern show that we can clearly visualize 200-nm structures in two dimensions. Furthermore, we demonstrate that processing our data with deconvolution and dictionary denoising techniques can considerably improve the visibility of the 200-nm lines. Unfortunately, a smaller source-to-sample distance could not be tested due to the shape of the resolution pattern housing. Therefore, we were unable to overcome the limitations posed by Fresnel diffraction effects and resolve structures below 200 nm, even though our nanofocus source can create X-ray spots that allow features smaller than this to be visualized in projection images (28).

Nevertheless, the resolution achieved in projection images does not necessarily reflect that of the CT data obtained with the same setup. In addition to the image quality of each projection image, various factors affect the resolution of the resulting CT slices, namely the tomographic acquisition parameters, the reconstruction and processing of the projections, and technical conditions such as the mechanical stability of the setup and the X-ray spot stability. The results obtained from edge analysis of the sphere clearly show that our system is stable enough to perform CT scans with resolutions down to 100 nm in the transversal plane. Deconvolution with a suitable point spread function (PSF) increased the effective resolution of our CT data considerably, which was also demonstrated with the velvet worm data. Due to technical constraints we were unable to reliably determine the resolution along the rotation axis with the presented sample. Nevertheless, when taking into account the isotropic resolution of the presented projection image and the fact that the positional drifts of our setup are randomly distributed in all directions, we conclude that the nanoCT is capable of achieving resolutions in the direction of the rotation axis comparable to those in the transversal plane.

In comparison with other nanoCT setups with nanofocus sources and conventional CCD or flat panel detectors our approach with a single-photon counting detector presents additional benefits. First, the absence of readout and dark-current noise in our detector greatly increases the data quality when imaging with low photon statistics. Consequently, the acquisition time per projection image can still be relatively short, even for the very low photon flux characteristic of X-ray spots in the nanometer range. Second, the direct conversion principle of our camera and its very sharp PSF with an FWHM of one detector pixel does not suffer from the usual decrease in resolution caused by signal spread in scintillation detectors. In summary, the single-photon counting detector can produce sharper and less-noisy images than conventional integrating X-ray cameras and its superiority is particularly pronounced for imaging techniques with relatively small numbers of detected photons, as is the case for laboratory-based nanoCT imaging.

Compared with quasi-monochromatic CT imaging systems using Fresnel zone plates (5–7), our nanoCT offers several advantages, for example an infinite depth of focus that allows a larger and more adaptable FOV. Moreover, the full polychromatic spectrum of the source, which reaches up to 60 kVp, broadens the bandwidth available for potential applications to include more strongly absorbing samples that cannot be penetrated by X-rays with energies below 10 keV. Furthermore, shorter acquisition times are possible for comparable voxel sizes, reducing the overall acquisition times for full CT datasets and, consequently, favoring an effective workflow in research groups with multiple users.

The small X-ray spot of the source and the sharp system PSF introduce phase effects, such as edge enhancement, into the raw contrast of the nanoCT setup. Those effects can be exploited by applying phase-retrieval techniques that strongly enhance the soft-tissue contrast within the sample. The feasibility of phase-contrast imaging combined with the still relatively low effective energy of the X-ray tube spectrum (20 keV at 60 kVp) render the

nanoCT particularly suitable for examining biological and medical samples.

In this study we demonstrate the potential of the nanoCT setup for biological samples by investigating a representative of Onychophora, or velvet worms. This choice was motivated by the evolutionary importance of these animals (17) as well as the many gaps in our knowledge of their musculature and locomotory system (18, 20, 21). Furthermore, the size of their limbs allows comparative analyses between the nanoCT device and other imaging techniques popular in the biological sciences (e.g., SEM and CLSM). Since the latter are the foremost techniques applied in onychophoran research (e.g., refs. 21 and 29), the results presented here also contribute relevant information to the field.

Indeed, our comparative analyses revealed a set of previously obscure features of the onychophoran limbs, mainly associated with the foot and leg musculature. The putative presence of circular muscles in the onychophoran foot, although mentioned twice in the literature (20, 30), remained uncertain, as these structures had not been demonstrated. Our data confirm the existence of these muscles and reveal details of their position, arrangement, and size. Given their characteristics, the circular muscles of the foot are most likely responsible for the protraction of the onychophoran claws. It has been previously suggested that the claws in these animals are protracted by the hydrostatic action of the hemolymph on an eversible sac situated dorsal to the claws (20, 21), but the muscles involved in this process remained unknown. It is reasonable to assume, however, that when the circular muscles of the foot contract they increase the hydrostatic pressure within the foot and pump the haemolymph into the eversible sac, which everts and externally protracts the claws.

Our data further suggest that the function of the so-called foot retractor muscle might have been misinterpreted in a recent study, in which the authors assumed that this muscle is responsible for elevating the foot (21). The size, position, and attachment sites of this muscle revealed in this study instead indicate that the foot retractor most likely plays the role of a protractor. This is in line with previous studies (19, 31), which propose an antagonistic relationship between the foot retractor and the prominent claw retractor muscles. In other words, while the claw retractor is responsible for contracting the claws and elevating the foot, the foot retractor may be responsible for depressing the foot back to the ground. It is important to highlight, however, that the functional morphology of most onychophoran muscles remains unexplored and the nomenclature hitherto used will require a thorough revision once the function of these muscles has been clarified. Further investigating the onychophoran myoanatomy will eventually shed light on the open question regarding the evolution of their locomotory system from a marine ancestor (18).

The present study used a nanoCT device to investigate the onychophoran limb anatomy. On the one hand, we demonstrated that this method is able to retrieve data that are congruent with commonly used methods, such as CLSM and SEM. On the other hand, the comparison of these different techniques suggests that the nanoCT setup presents advantages that could open new doors for investigating biological samples. First, the sample preparation that precedes the imaging proved to be less expensive and time-consuming for nanoCT than for SEM and CLSM, in particular for the latter, which requires sectioning techniques and expensive fluorescent markers for specific labeling of the target structure/tissue. Second, the nanoCT dataset generated from a single onychophoran limb provided high-resolution details of both its internal and external anatomy, whereas investigating the corresponding internal and external features requires both CLSM and SEM analyses, respectively. Moreover, investigating the complete anatomy of the onychophoran limb by CLSM or

SEM demands numerous samples to be sectioned or mounted onto stubs from different perspectives, whereas a nanoCT scan of a single sample can be digitally rotated and analyzed from different points of view.

It should be noted that morphological analyses using CLSM and SEM also have advantages over the nanoCT approach. SEM proved to be more powerful for resolving morphological details of very small structures, such as the scales on the dermal papillae. The possibility of using specific markers/antibodies in CLSM analyses to reveal particular tissue/cell types is a clear advantage of this method, since comparable tissue-specific labeling is not yet possible using nanoCT scans. Nevertheless, CLSM analyses commonly require the sectioning of samples a priori, as body pigmentation and sample thickness hampers the penetration of the scanning laser into the tissue. Sectioning inevitably introduces morphological artifacts that are undesirable when attempting to reconstruct the anatomy of an organism. In contrast, nanoCT imaging does not have these limitations and samples can be scanned as a whole without artifacts. The nondestructive nature of nanoCT analysis also renders it a powerful tool to analyze rare materials placed in scientific collections, which are only allowed to be analyzed using limited noninvasive methods such as light microscopy.

Finally, the nanoCT technique applied in this study enabled us to perform detailed interactive 3D reconstructions of the onychophoran limb (Movie S1) not possible with the other methods used. This is because SEM images correspond to a single plane and CLSM data typically have nonisotropic resolutions, that is, the voxel sides have unequal sizes, thus limiting the available 3D information about samples and hampering the virtual selection of arbitrary planes in the acquired data set. By contrast, nanoCT imaging provides isotropic volume data with higher resolutions and smaller voxel sizes. Consequently, it offers us the possibility to visualize arbitrary planes and volumes within the acquired sample, for example the virtual slices presented above that are compared with CLSM images of vibratome sections, and the volume rendering of the entire structure. Furthermore, the high resolution of the nanoCT data allows us to segment and track individual muscle fibers even within the most complex muscles (Movie S1), which is currently impossible with any other laboratory-based nondestructive imaging technique. Although this was previously possible in synchrotron facilities, the nanoCT setup presented here extends this possibility to laboratory environments, allowing high-resolution data and detailed 3D reconstructions to be obtained without requiring external facilities.

## Materials and Methods

**NanoCT: Experimental Setup and Acquisition.** The lens-free nanoCT setup consists of a nanofocus X-ray source, a rotation stage, and a single-photon counting detector and is described in more detail in [Supporting Information \(Fig. S1\)](#). The acceleration voltage of all presented measurements was 60 kV, which corresponds to a mean energy of 20 keV. The acquisition time for the projection images of the resolution pattern was 600 s. The source-to-sample distance was 0.57 mm and the source-to-detector distance was 1,680 mm, leading to an effective pixel size of 58 nm. All presented CT data were acquired with 1,599 projections distributed over 360°. Flat fields (i.e., images of the illumination of each possible detector position without the sample in the beam) were acquired before the measurement and each pro-

jection was normalized by a flat field to achieve an isotropic background intensity. The CT dataset of the silicon sphere was acquired with an exposure time of 5 s per projection and a total acquisition time of 4 h. The source-to-rotation-axis distance was 0.4 mm, and the source-to-detector distance was 700 mm, resulting in an effective voxel size of 98 nm. For the velvet worm data of the entire limb, 10 datasets were acquired and subsequently combined to the volume data presented in this article. These datasets were all acquired with the same acquisition parameters, namely, 2-s exposure time per projection, a source-to-rotation-axis distance of 0.94 mm, and a source-to-detector distance of 400 mm. The effective voxel size was 404 nm.

**NanoCT: Processing and Reconstruction.** For the deconvolution procedure, a Richardson–Lucy algorithm (22–24) was applied. Using a blurred input image and a suitable 2D PSF the method sharpens the resulting image by iteratively calculating the most probable pixel values. The applied dictionary denoising algorithm (25, 26) uses a training image to create a dictionary of small patches with the typical structures and features of the training image. The final image is compiled from the image patches that are individually modeled as linear combinations of a small number of dictionary patches. For phase retrieval, the single-distance phase-retrieval algorithm developed by Paganin was applied (27). For CT reconstruction, an FBP algorithm was used to reconstruct the volume data. The individual processing steps are further described in [Supporting Information](#). The volume renderings in Fig. 2 *B*, *D*, and *E* and in [Movie S1](#) were generated with VGStudio MAX 2.1 (Volume Graphics GmbH). The highlighted structures were segmented using Amira 6.0.1 (FEI Visualization Sciences Group) and VGStudio MAX 2.1.

**Specimens.** Two species of Onychophora were collected from typical microhabitats, such as leaf litter and rotten logs. The specimens of the peripatid species *P. hitoyensis* (32) and the peripatopsid species *E. rowelli* (33) were obtained and kept as described elsewhere (32, 34, 35). The living specimens were photographed with a Nikon D7000 camera before the experiments.

**SEM.** The specimens were fixed, preserved, and prepared for SEM as previously described (32, 36). Samples were examined using a field emission scanning electron microscope Hitachi S4000 (Hitachi High-Technologies Europe GmbH). The terminology for their morphological features was reproduced from refs. 20, 32, and 37.

**Vibratome Sectioning and CLSM.** Specimens of *E. rowelli* and *P. hitoyensis* were cut into small pieces, fixed, embedded, and vibratome-sectioned following Oliveira and Mayer (21). Vibratome sections were labeled for f-actin using phalloidin rhodamine (Invitrogen) as described previously (38). The labeled sections were mounted on glass slides in Vectashield Mounting Medium (Vector Laboratories) and analyzed with the confocal laser-scanning microscope Zeiss LSM 510 META (Carl Zeiss MicroImaging GmbH).

**NanoCT Sample Preparation.** Before sample preparation for nanoCT imaging the newborn specimens of *E. rowelli* had been stored in 4% formaldehyde in distilled water for several weeks. Selected specimens were washed several times in PBS and cut into smaller pieces containing one leg and a small part of the body wall. The separated legs were postfixed overnight in 1% osmium tetroxide (Science Services GmbH) in PBS, dehydrated in an ethanol series, dried in a critical-point dryer as previously described (32), and mounted onto sample holders for the nanoCT.

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